

A photograph of a baby with light brown hair, wearing a white and blue striped shirt and a white knit vest, sitting on a wooden floor. The baby is holding a wooden ring with a central wooden peg. To the right, there is a white ring with a hole in the center. In the background, there are some wooden toys and a brown egg. The image is partially covered by a large green circle on the left and a smaller green circle at the bottom right.

ESTIMULACIÓN TEMPRANA



Centro
PsicoSocial
Argentino

Nadia Rückauf

Autora

Prof. Daniel González

Prólogo y compilación

Cuadernillo III

Estimulación Temprana

© Nadia Rückauf

© Ed. Centro PsicoSocial Argentino, Buenos Aires, Argentina, Enero 2023

Derechos Reservados a la autora y Centro PsicoSocial Argentino. Queda prohibida su venta, distribución y/o difusión gráfica y/o digital, total o parcial, sin expresa autorización de la Autora.

Para citar: Rückauf, N. (2023) *"Cuadernillo III- Estimulación Temprana"*. Colección "Cuadernillos para acompañar". Buenos Aires, Argentina. Ed. Centro PsicoSocial Argentino,

Índice

Introducción	4
Prólogo.....	5
Los 5 sentidos	6
Estimulación auditiva (desarrollo del lenguaje)	7
Construcción de títeres.....	11
Cuento: Anita junta colores.....	15
Estimulación táctil.....	20
Masa de sal.....	20
Fichas para rellenar con distintas texturas	21
Huellitas de pies para imprimir	25
Estimulación visual	32
A pintar con el dedo	35
Partes de la cara	45
Los colores.....	46
Dominó de colores	47
Asociación de colores.....	52

Números del 1 al 10	56
Rompecabezas numérico 1 al 10.....	57
Vocales	73
Pictogramas: ONOMATOPEYAS ANIMALES (estimulación del lenguaje)	77
Tamaños	85
Figuras geométricas	88
Para colorear, rellenar y aprender jugando.....	88
Las emociones	92
Grafo motricidad	95
Dibujos para colorear	99
A recortar y pintar.....	105
A jugar	110
Ludo.....	110
Ta Te Ti.....	111
Juego de la memoria.....	112
Laberintos.....	118
Bingo.....	120

Introducción

Este cuadernillo de actividades fue diseñado para para trabajar con niños y niñas de 1 a 6 años aproximadamente.

Espero que les guste, ya que fue hecho con muchísima dedicación.

Nadia Rückauf

Acompañante Terapéutico

@ruckauf.atrapasueños

ruckaufnadia@gmail.com



Prólogo

Prof. Daniel González- Psicólogo Social

La Importancia de Acompañar y seguir Aprendiendo Junt@s.

Una vez que obtenemos nuestro Cuadernillo, comienza el mundo del saber y la praxis, (teoría y práctica) juntas, lo que de cierta forma puede considerarse nutrir el saber, pero ningún día es igual al anterior. Hay algo intrínseco al trabajar con niños/as o Adultos. Cuyo resultado es que cada día puede ser un aprendizaje, es parte de la magia del ACOMPAÑAR.

Continuar aprendiendo sobre las y los niños/as y los Adultos que Acompañamos, sobre cómo atenderlas mejor, cómo compartir conocimientos con nuestros compañeros/as, conocer otras situaciones, cómo acompañar otras formas de entender la vida, la capacidad de ciertas personas adultas o niños/as a recomponerse en situaciones adversas y algunas relaciones que se forjan entre conversaciones apresuradas entre los Acompañados.

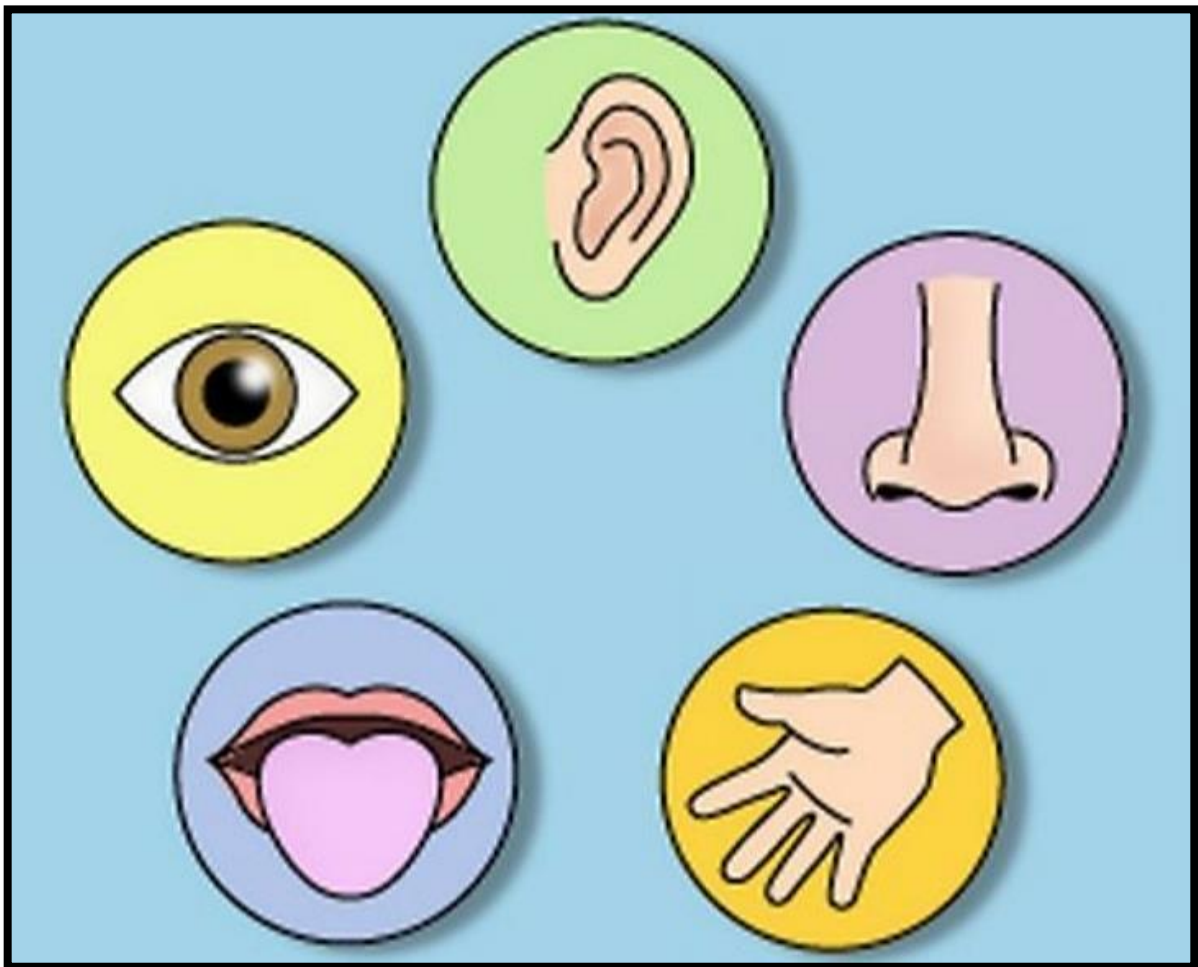
Este Cuadernillo es un Puente al Acompañado y su Familia.
Gracias Nadia por compartir tu pasión y conocimientos.

Prof. Daniel González- Psicólogo Social

Presidente

Centro PsicoSocial Argentino

Los 5 sentidos



Estimulación auditiva (desarrollo del lenguaje)

Construcción de instrumentos.

Ejemplos:





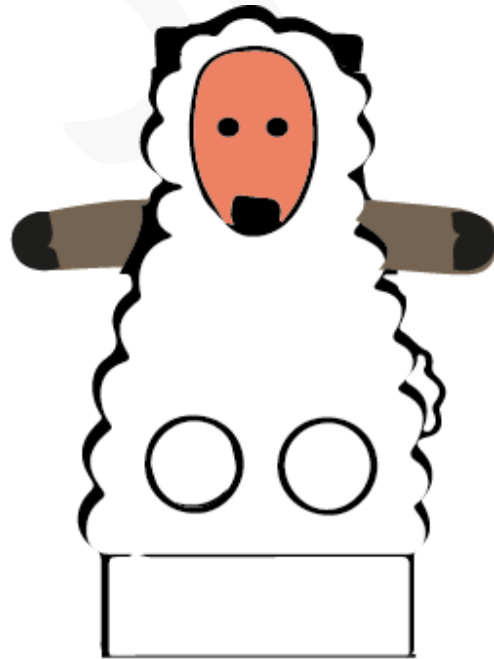
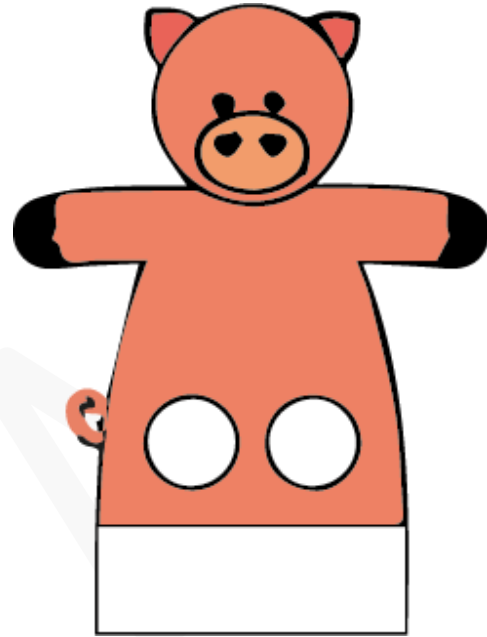
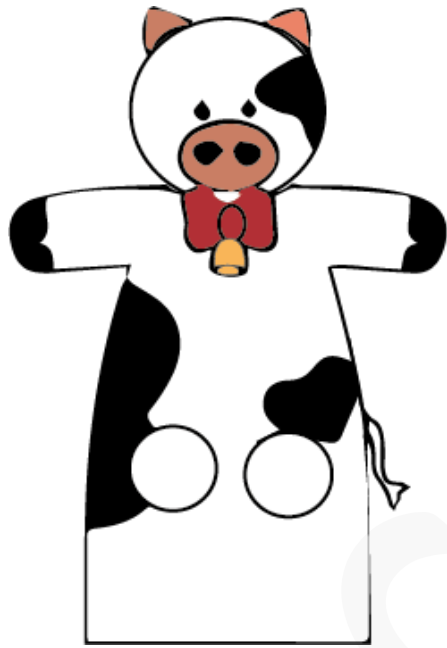


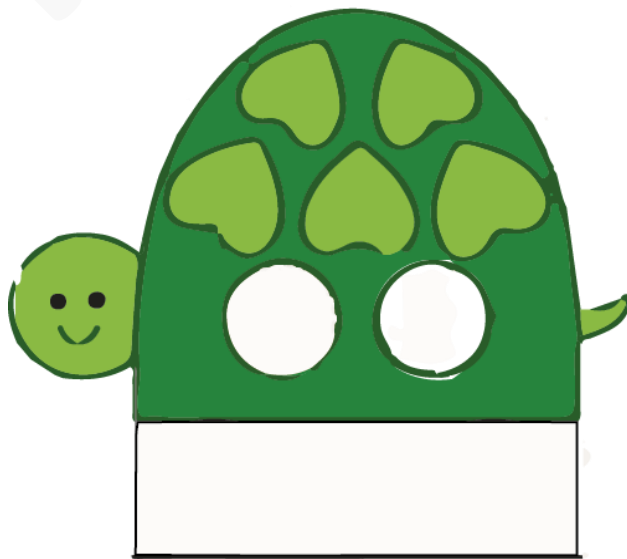


Construcción de títeres

Ejemplos para realizar:









Cuento: Anita junta colores











Hora de leer

- Lee el siguiente texto. Luego, encierra las palabras que contengan la letra n.

La nena Elena

La nena Elena y su unicornio suben a una nave espacial. Van de paseo, miran a las nubes volar y a la luna dormir. En los planetas quieren bailar. De un lindo sueño, la niñera a Elena la va despertar.



- Deduce, encierra y escribe la respuesta correcta.

a. ¿En que viaja Elena?



b. ¿Quién duerme?



c. ¿Quién va a despertar a Elena?



Estimulación táctil

Masa de sal

MASA DE SAL

Ingredientes

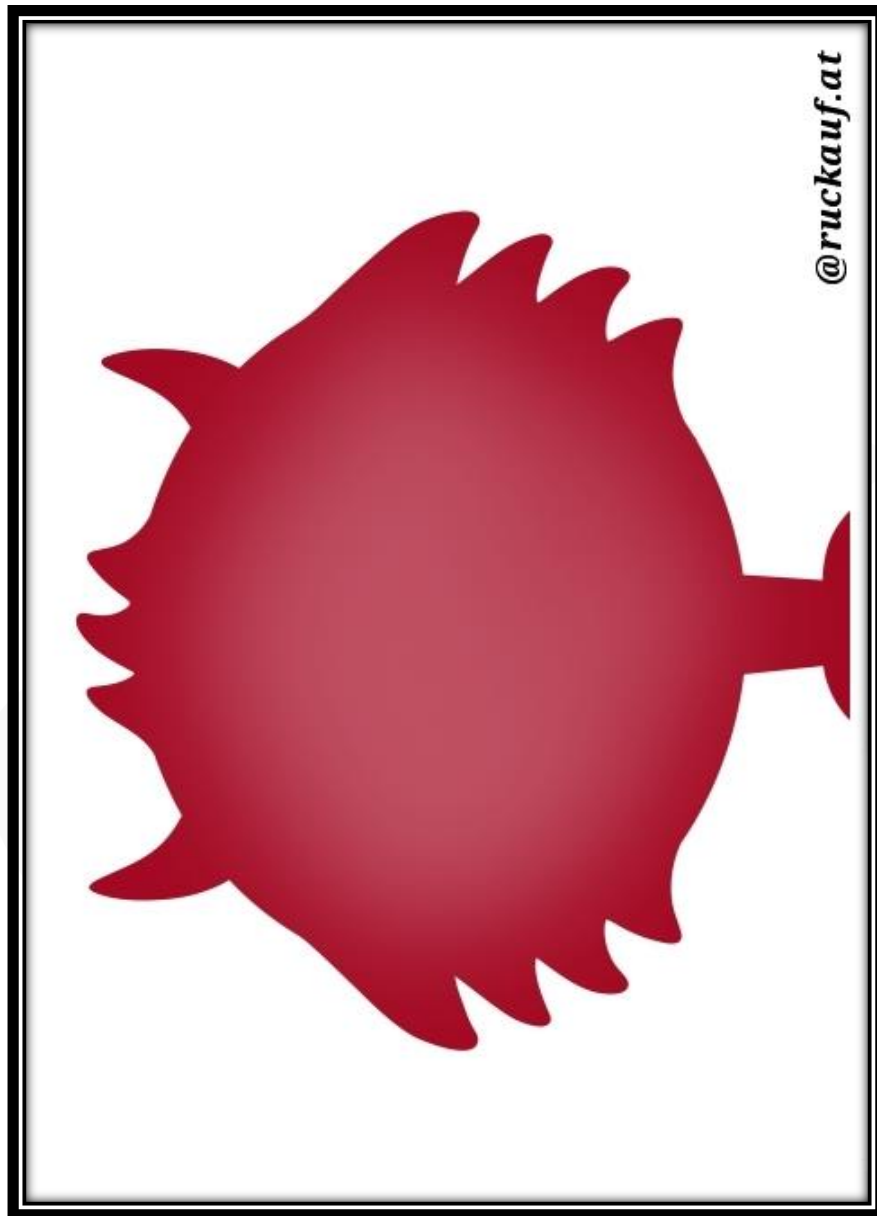
- 2 tazas de harina común.
- 1 taza de sal fina.
- agua suficiente para unir los dos elementos.
- **colorante**.



Preparación

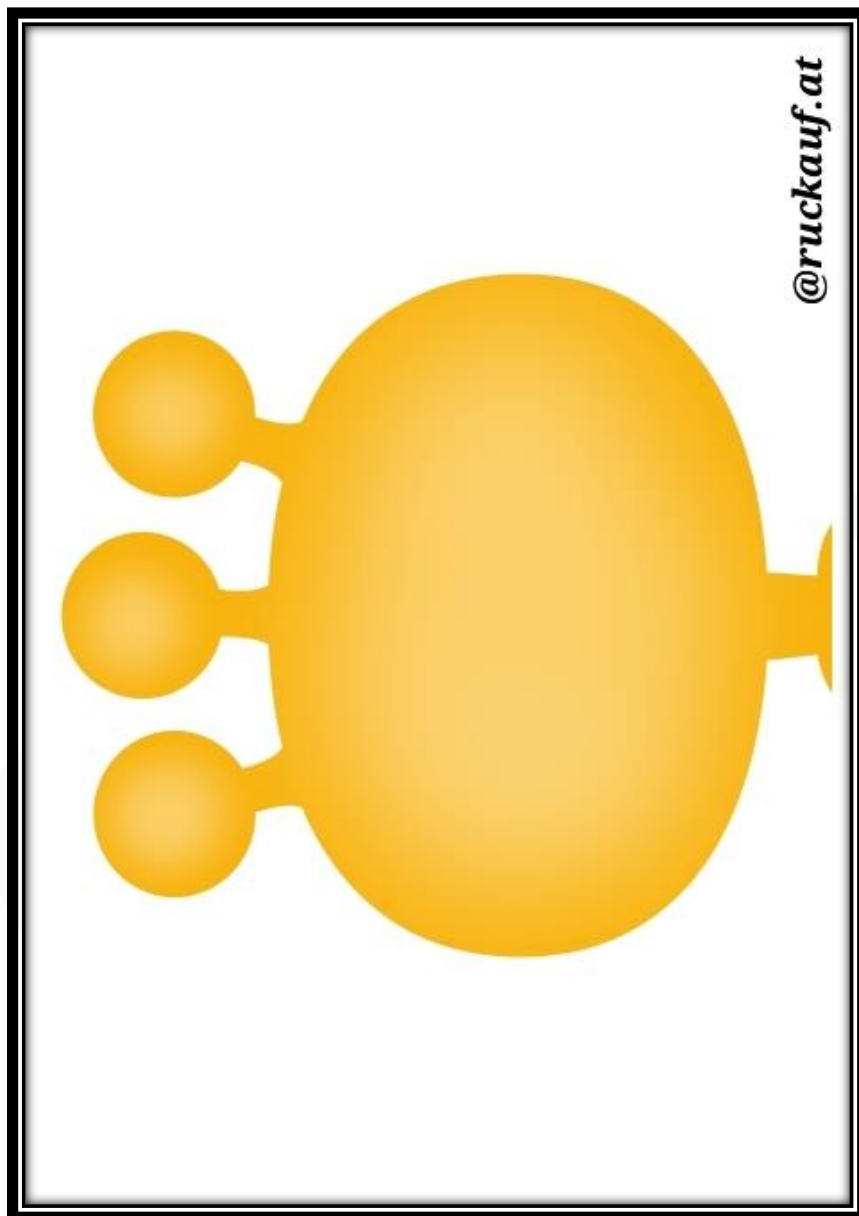
Unir la harina con la sal y agregar agua hasta obtener una masa suave.
Le agregamos el **colorante** y mezclamos bien.
Obtendremos una masa elástica.

Fichas para rellenar con distintas texturas









Huellitas de pies para imprimir

















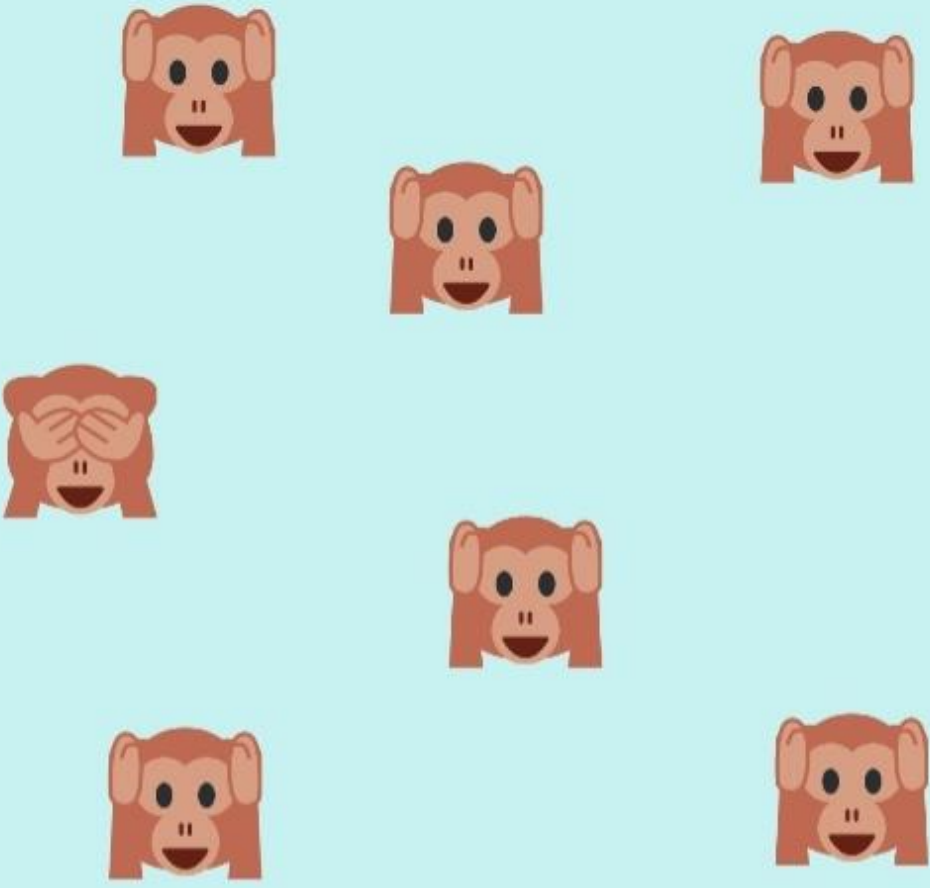
Estimulación visual

Encontra la carita 



@ruckauf.at

Encontrar 



@ruckauf.at

Encontrar la



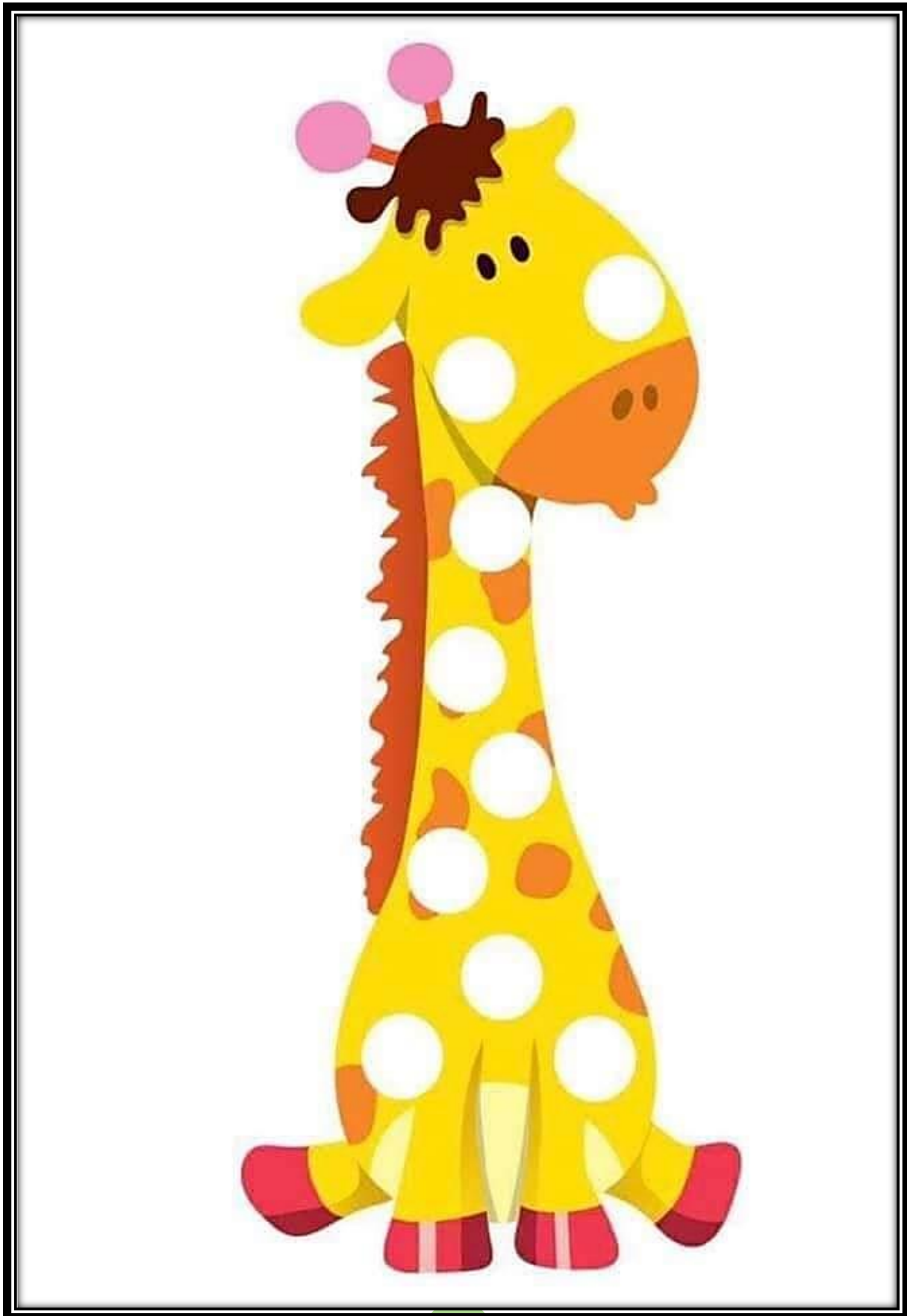
@ruckauf.at

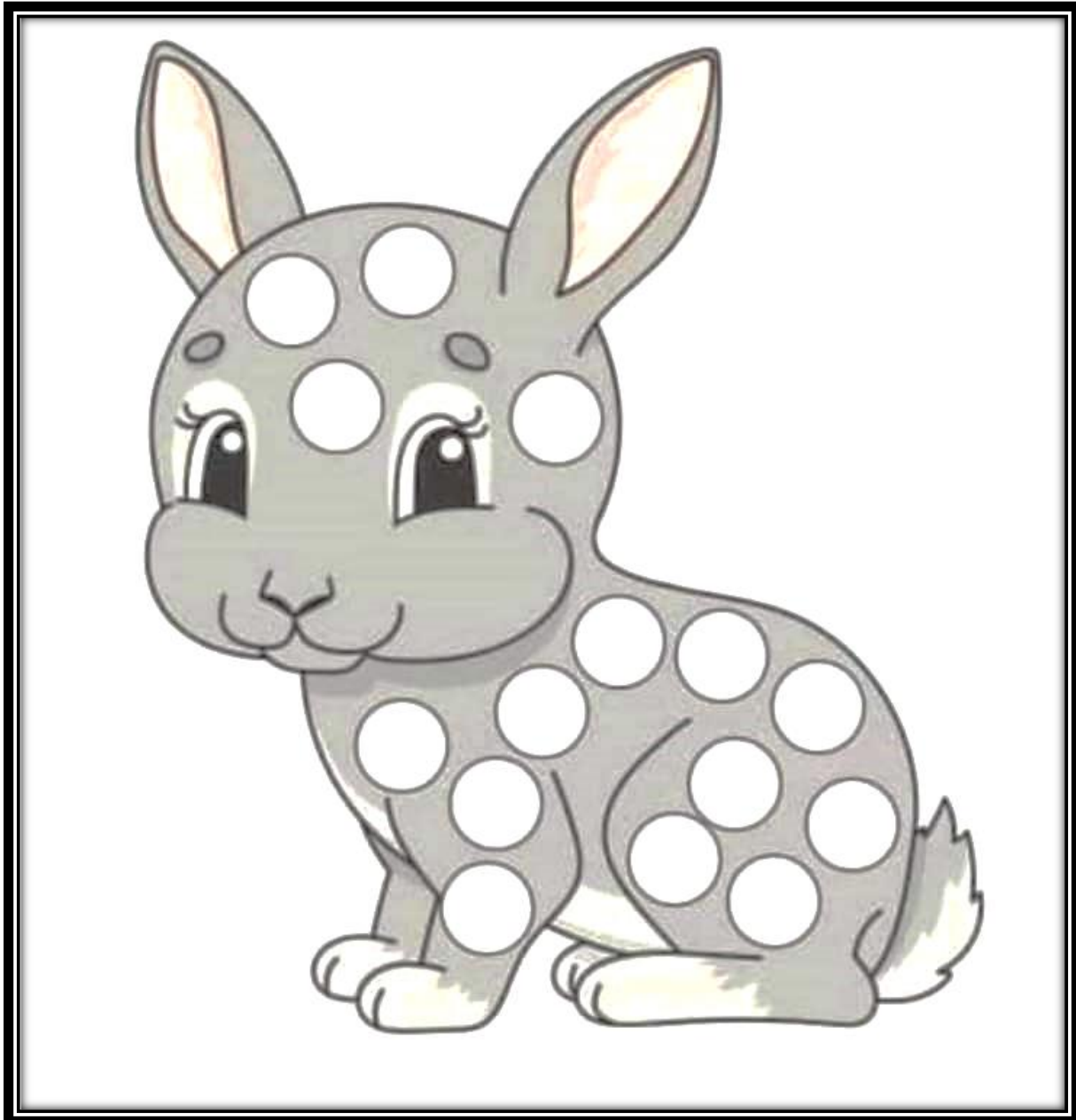
A pintar con el dedo













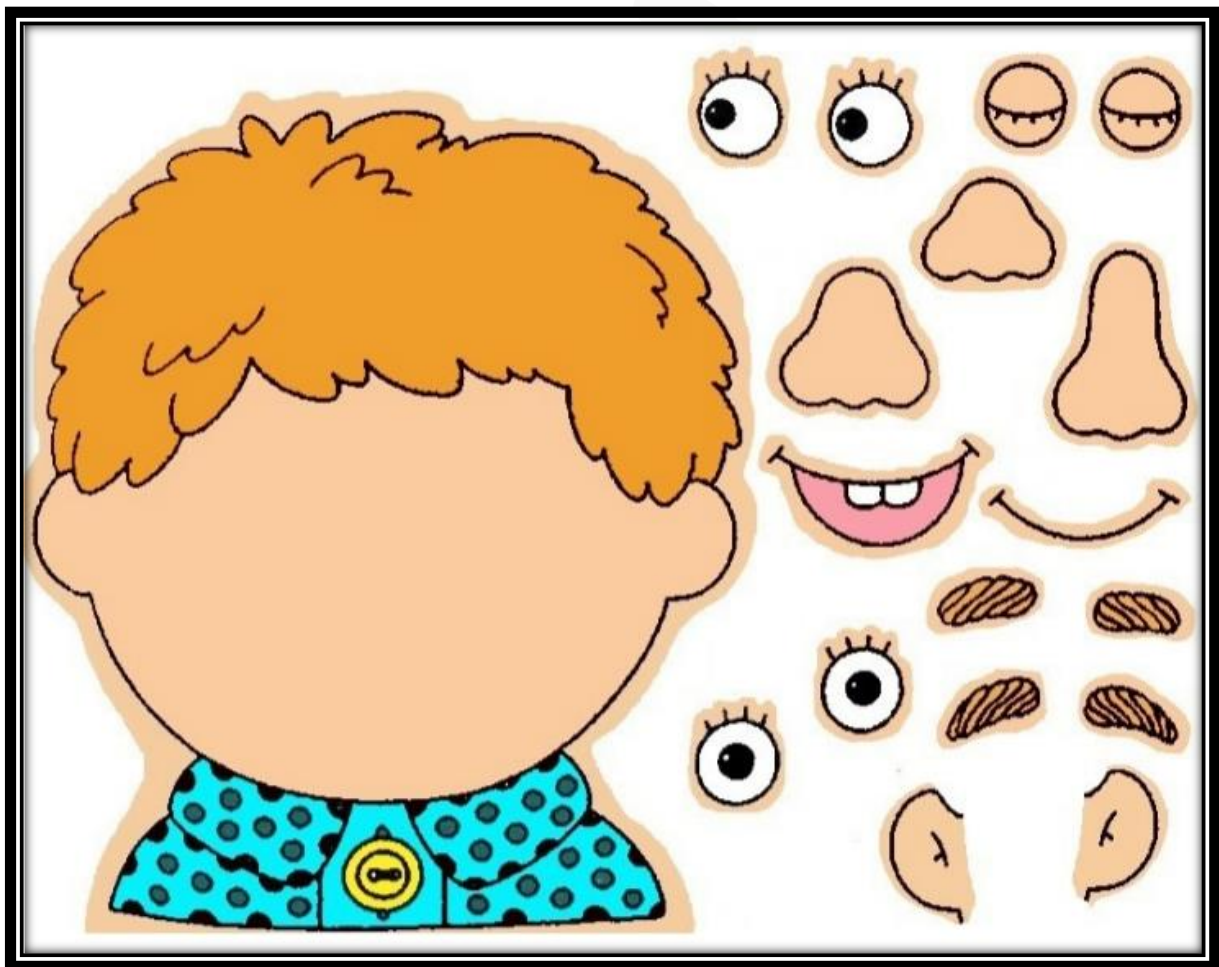




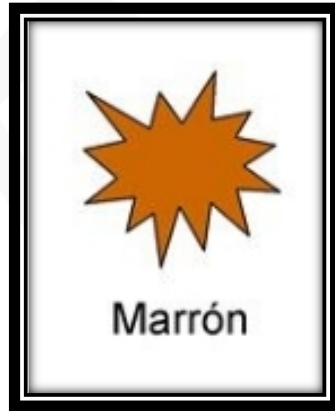


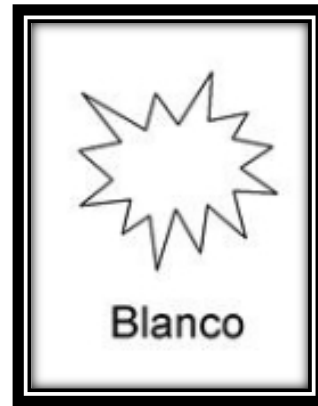
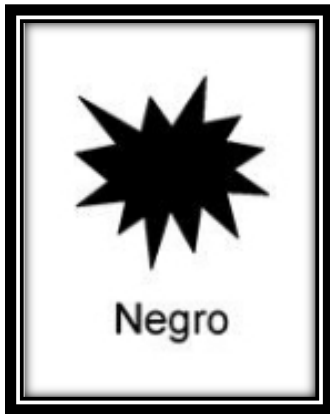


Partes de la cara

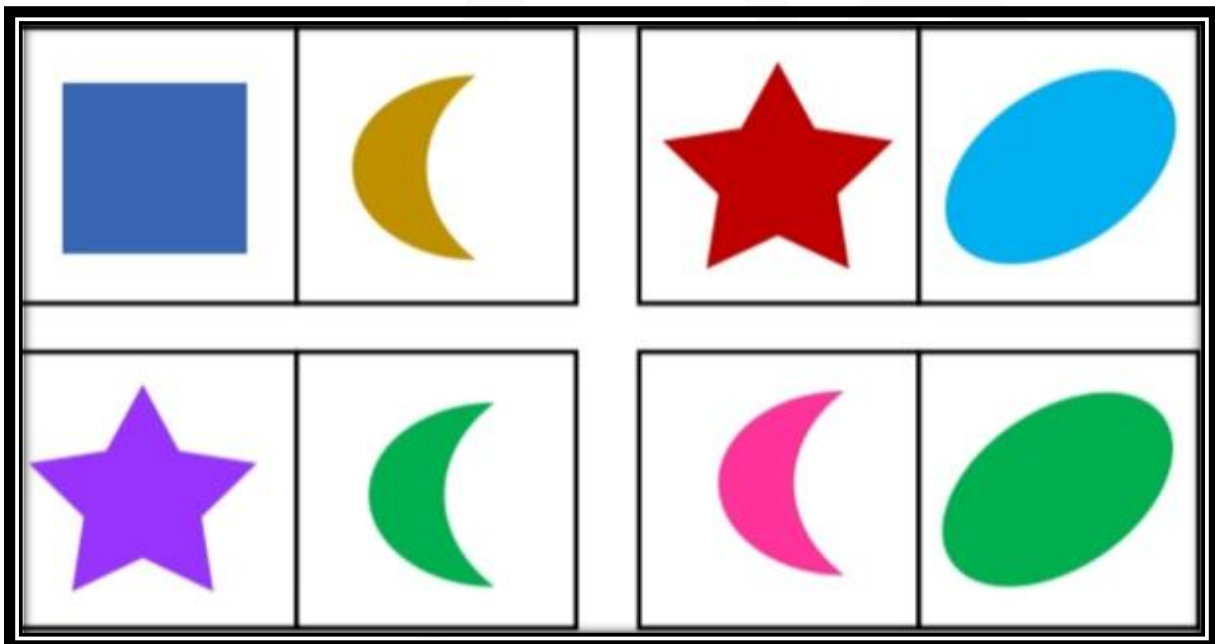


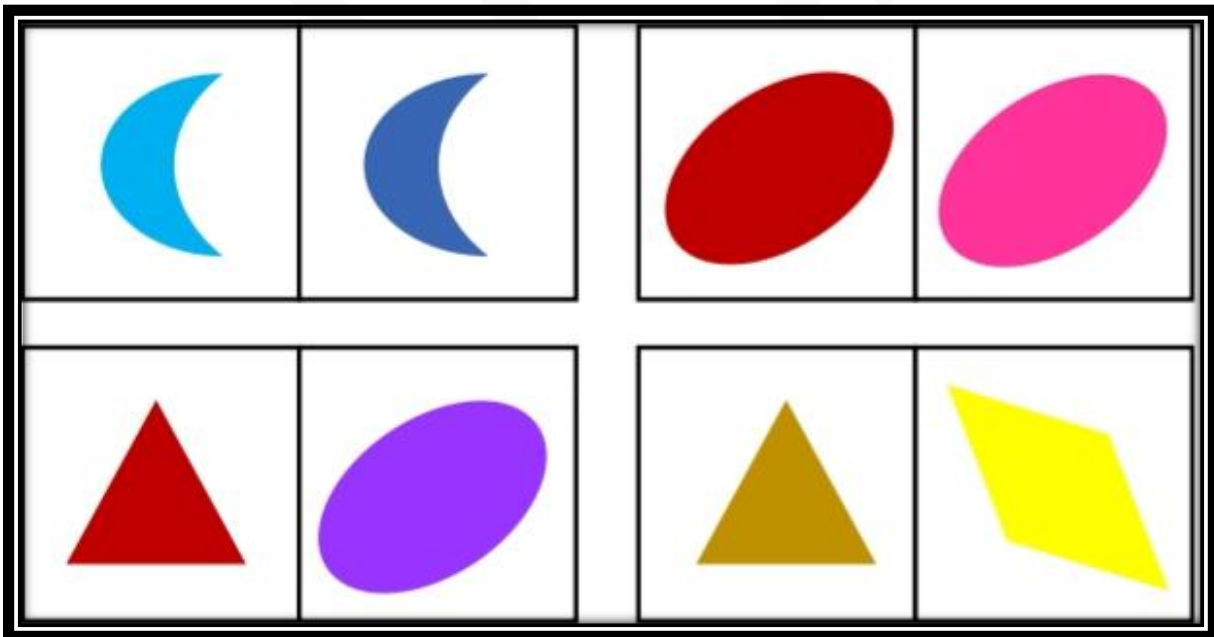
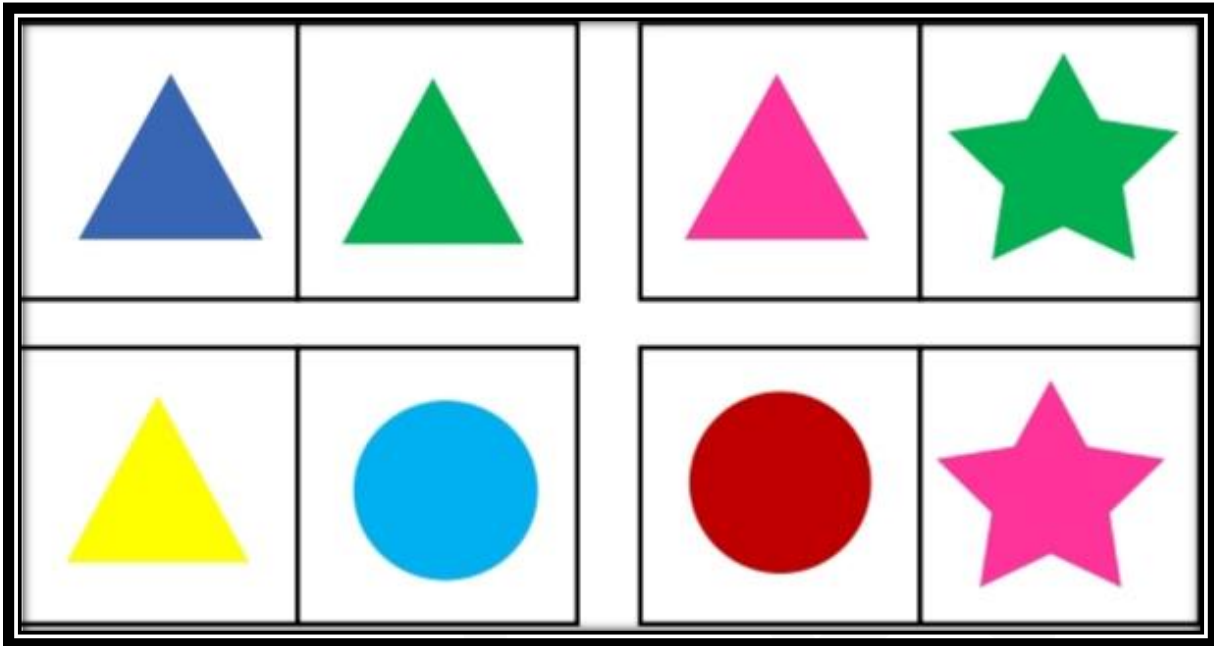
Los colores

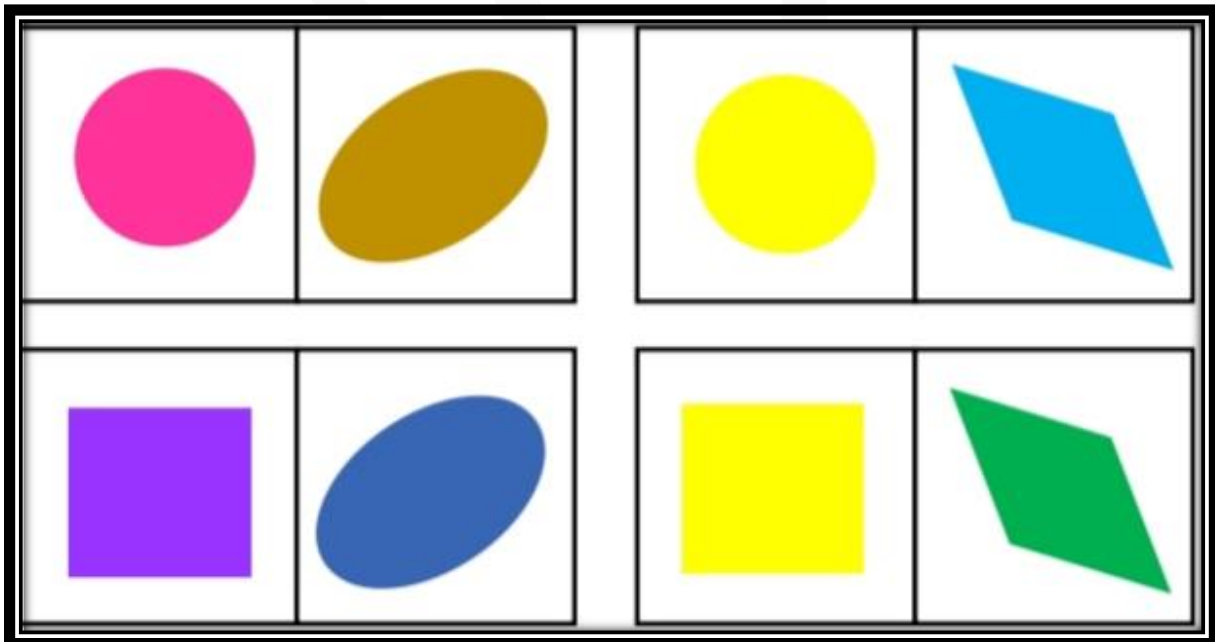
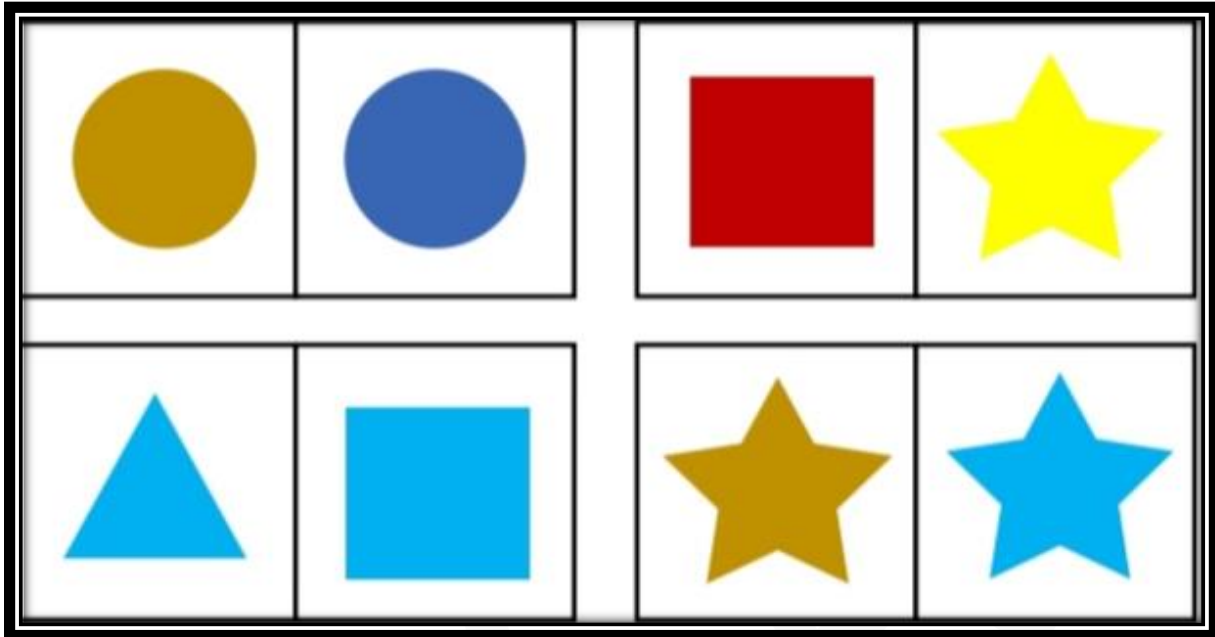


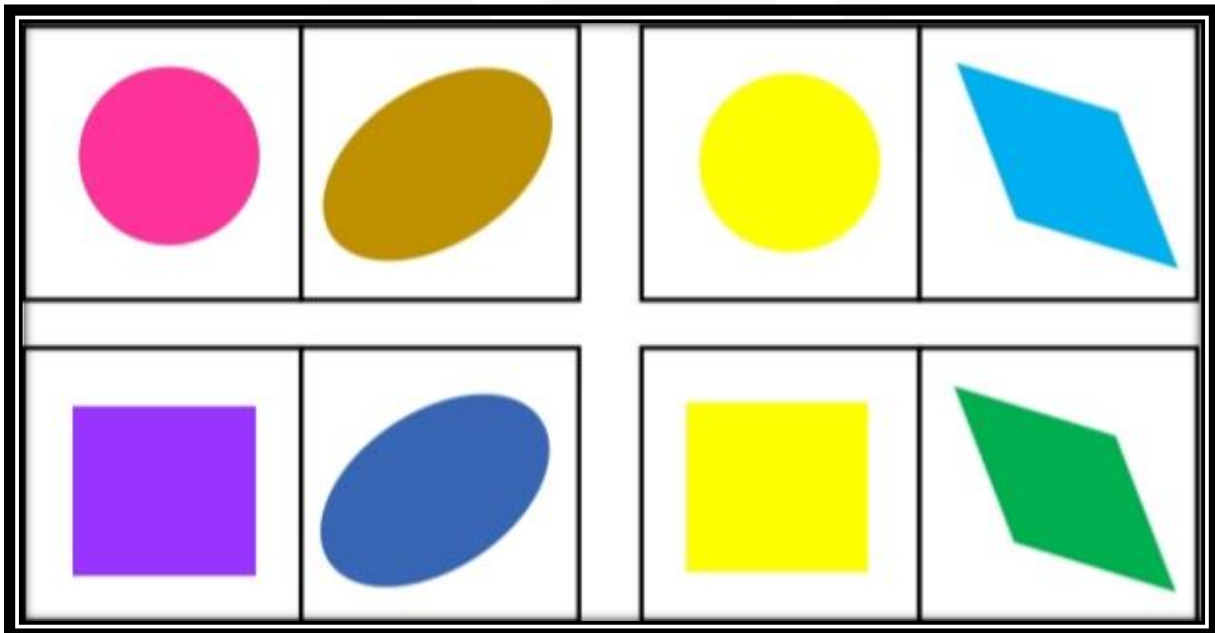
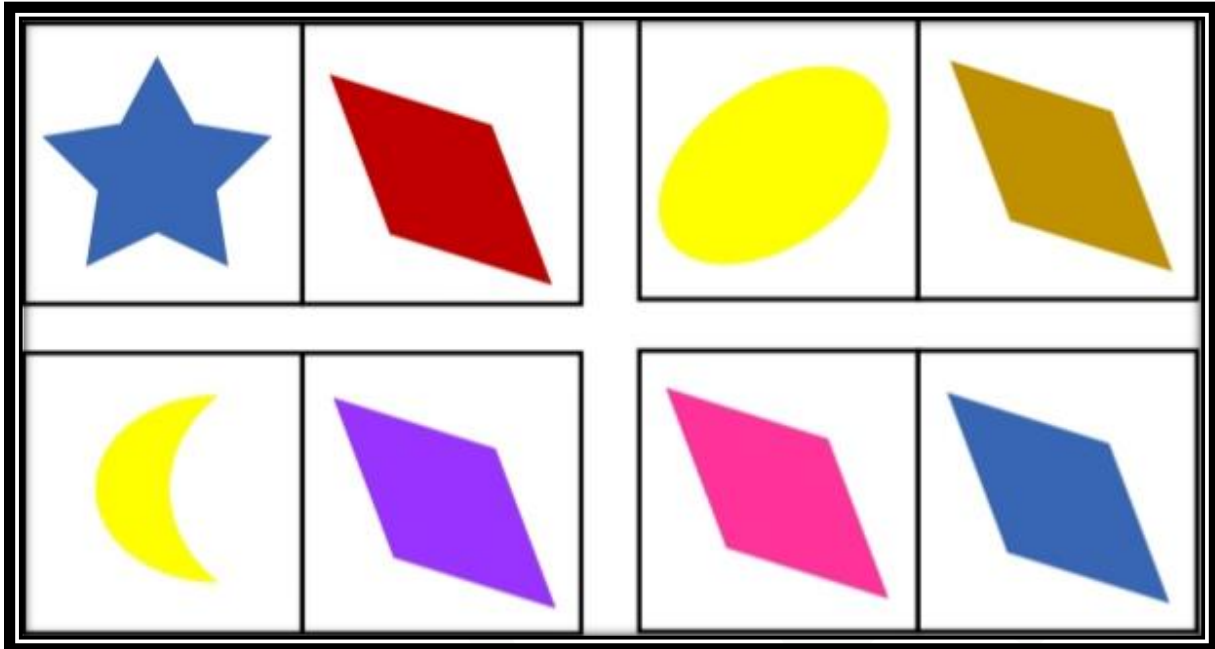


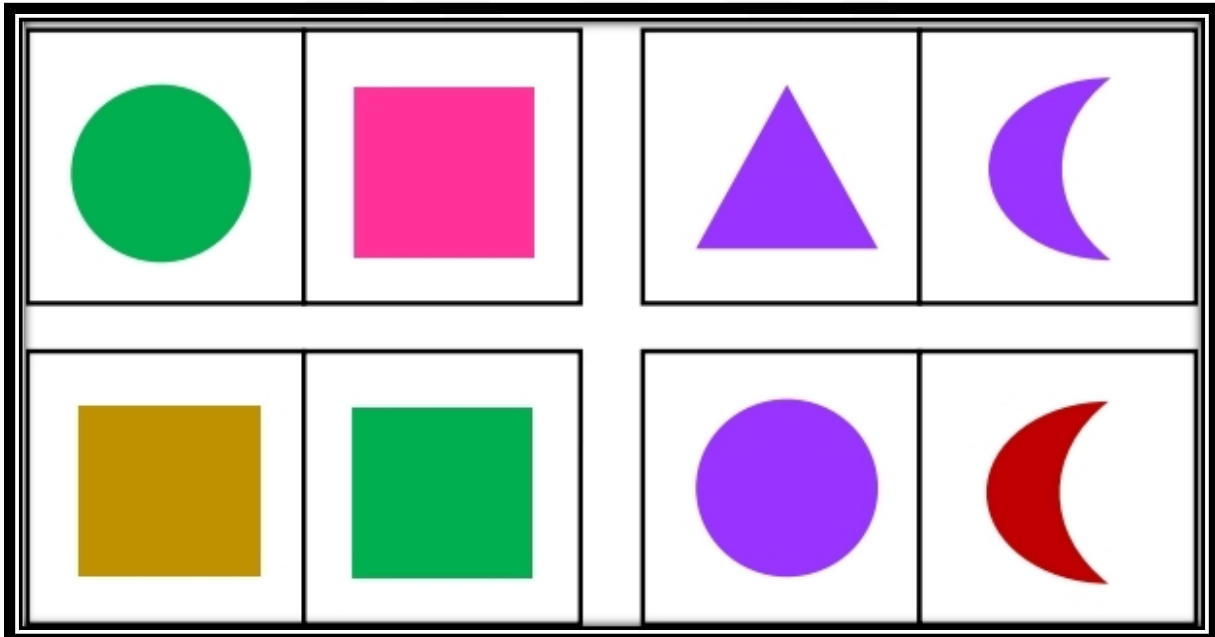
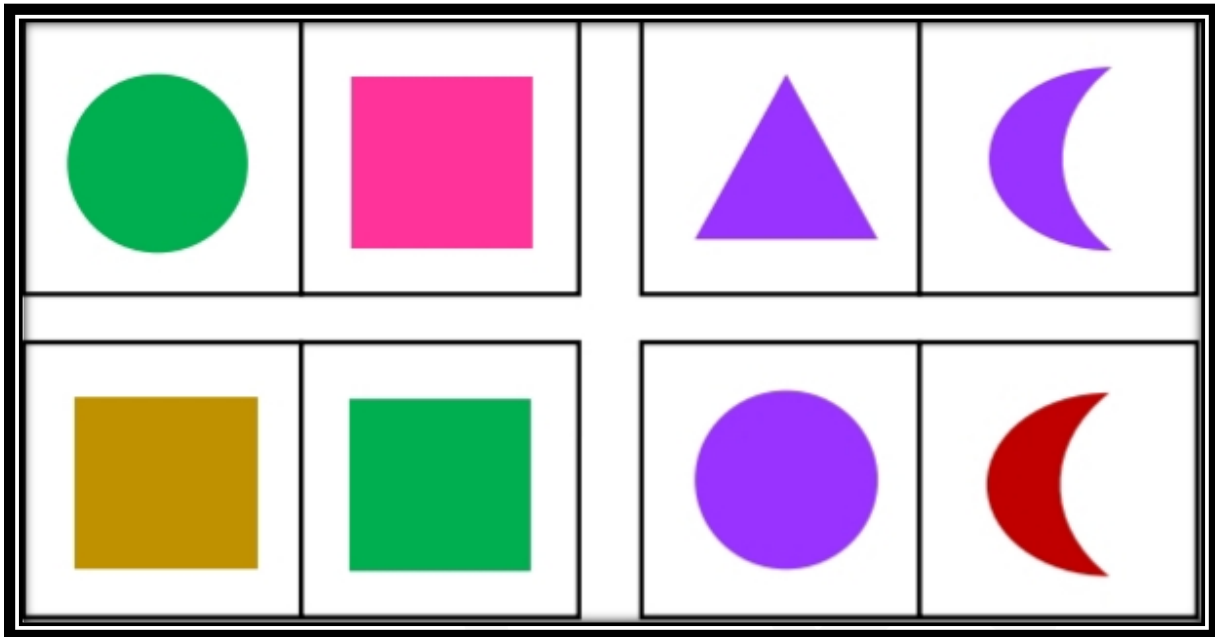
Dominó de colores





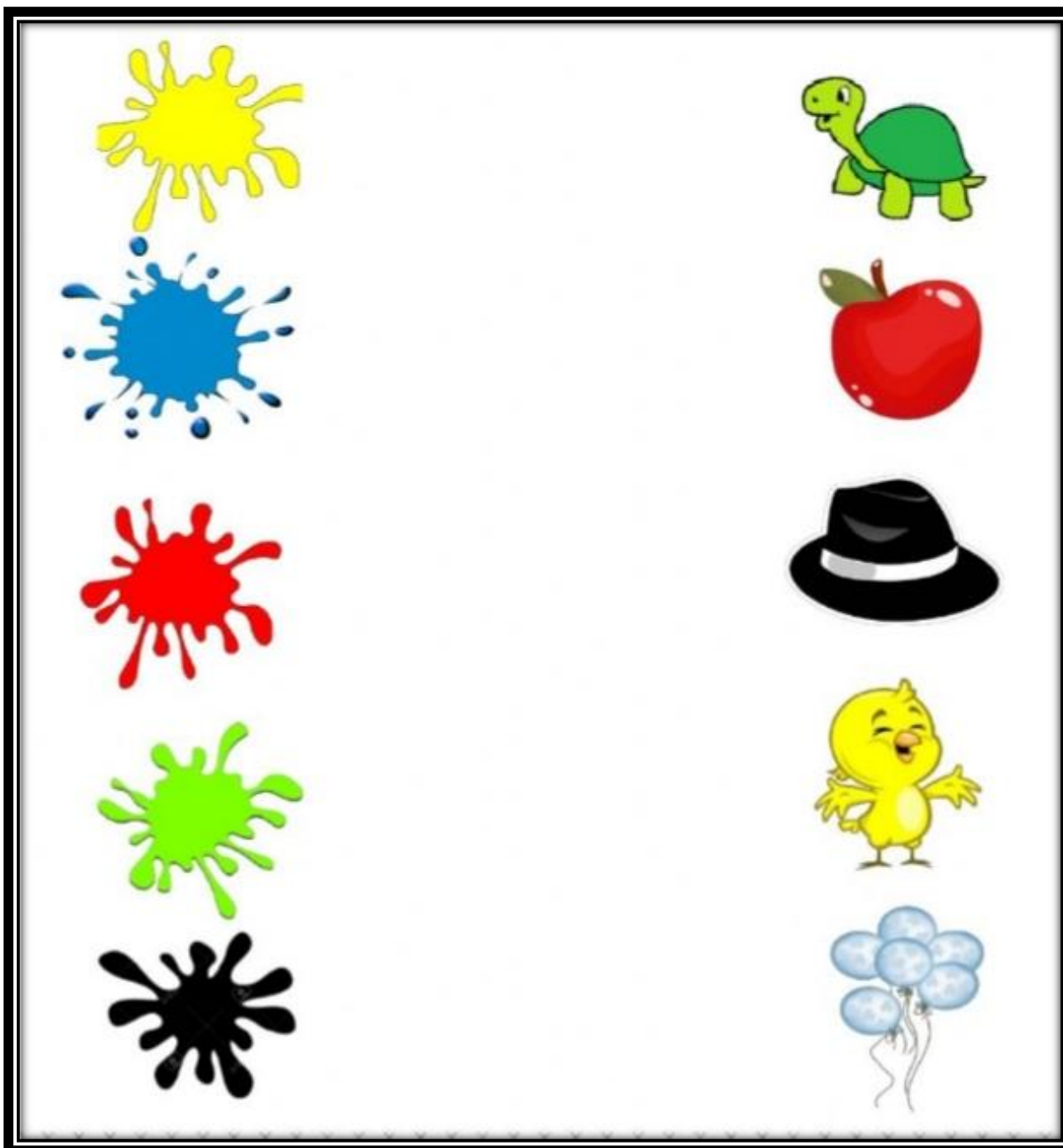


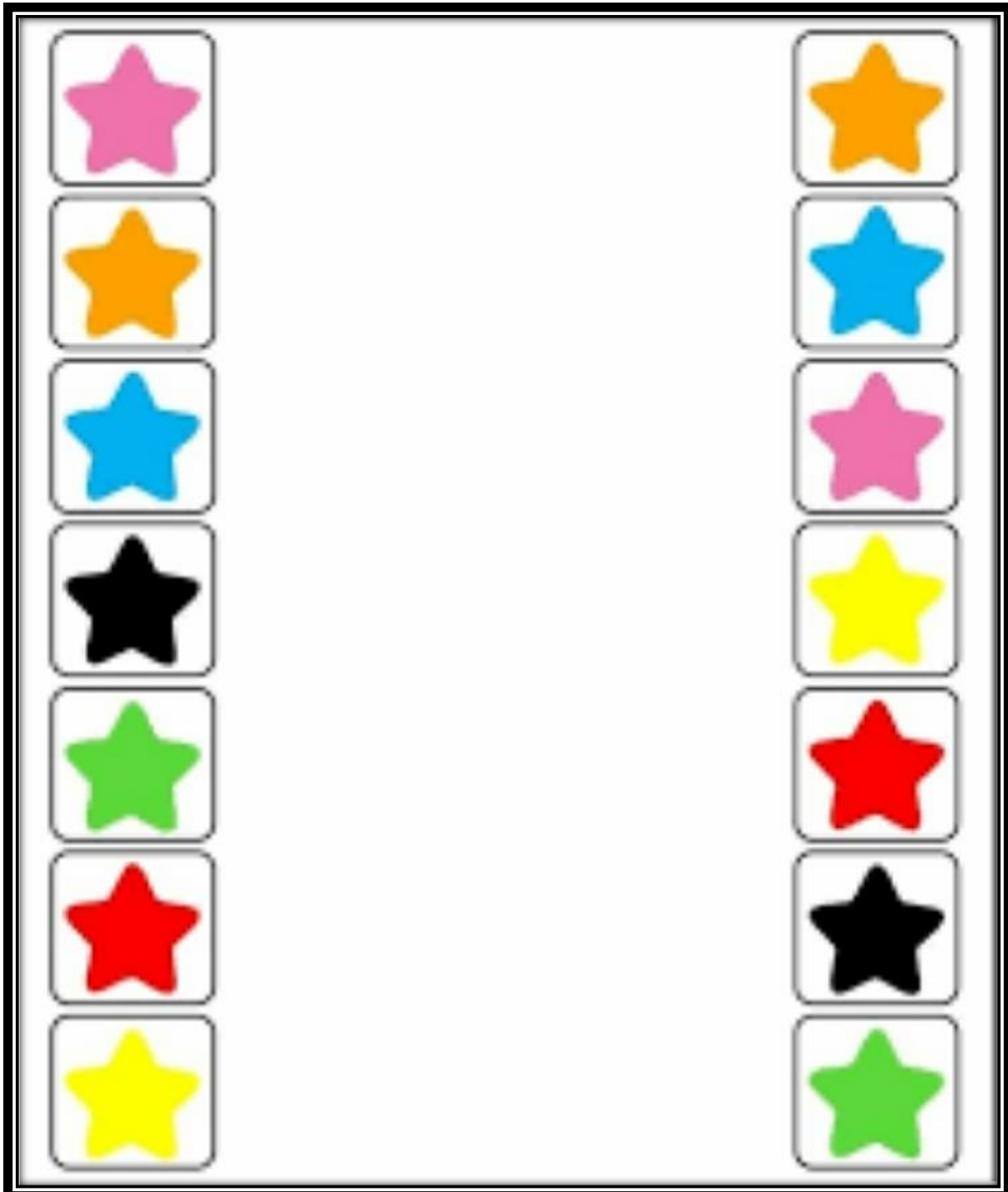


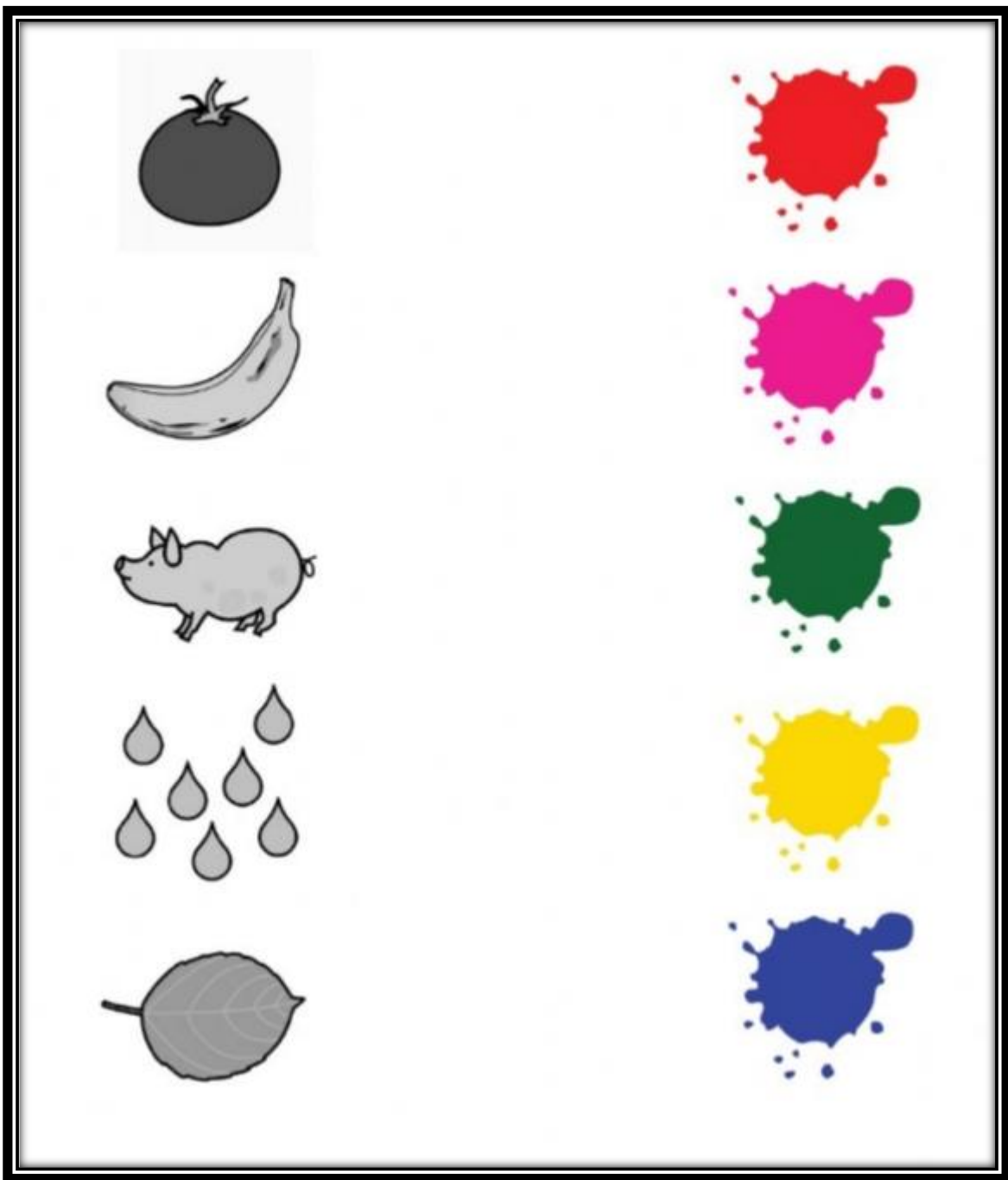


Asociación de colores





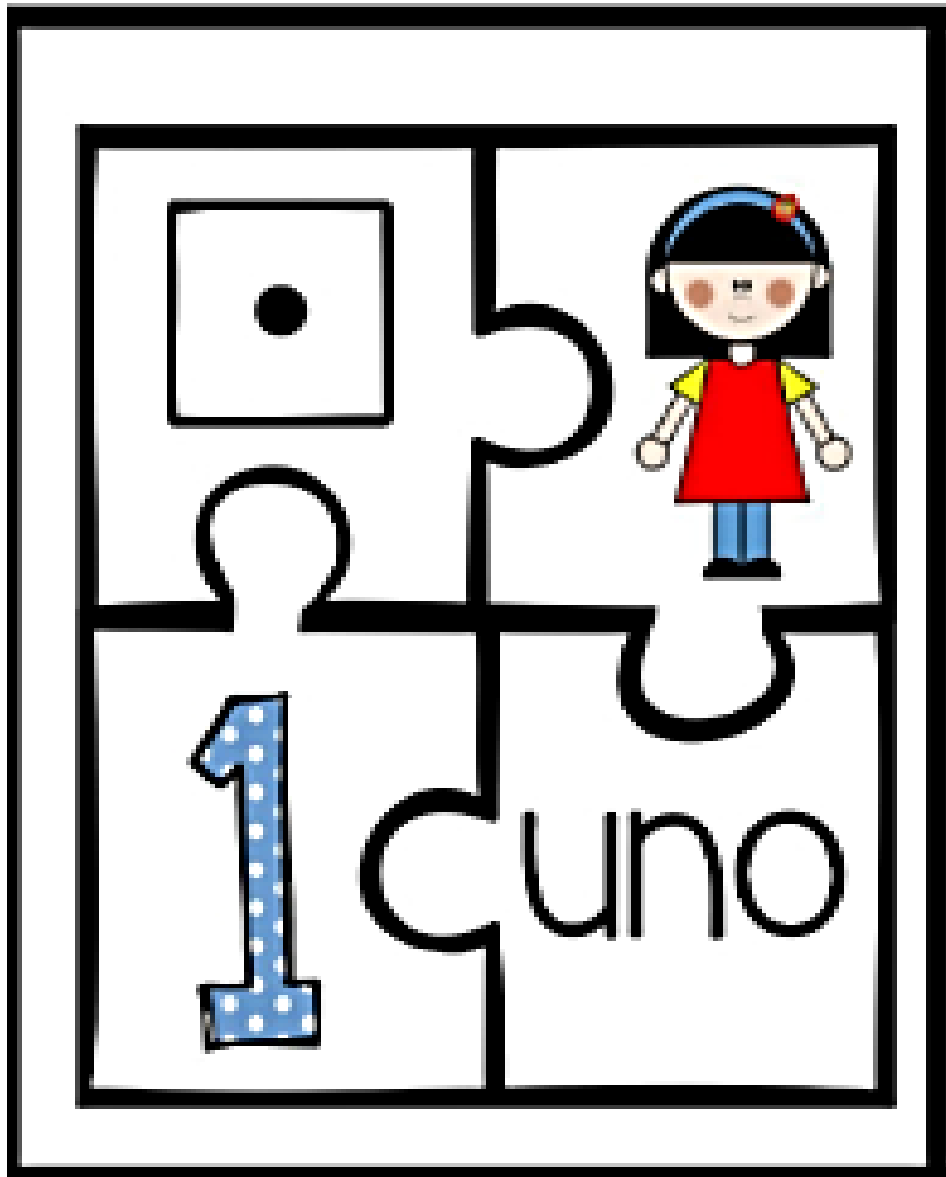




Números del 1 al 10

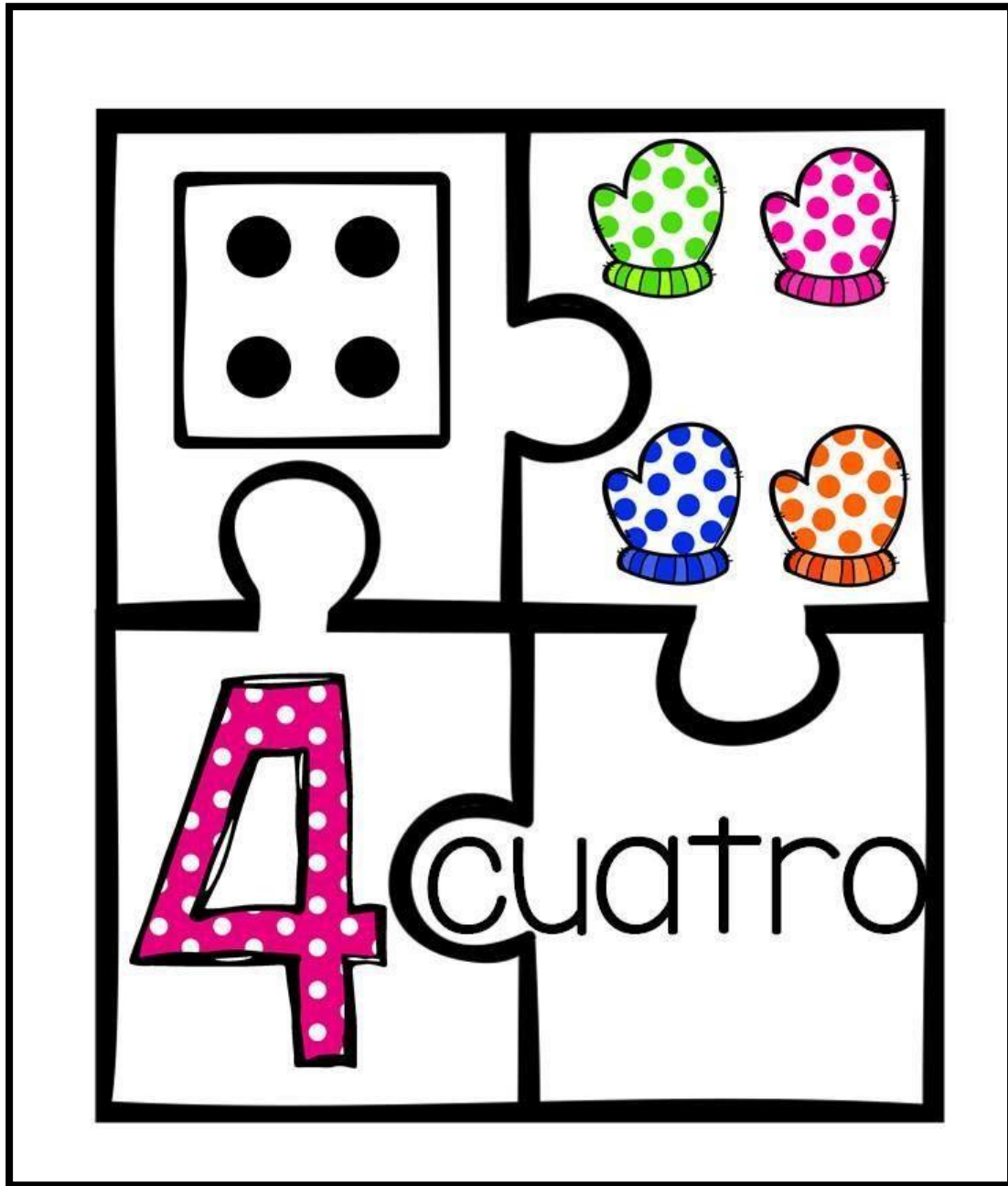


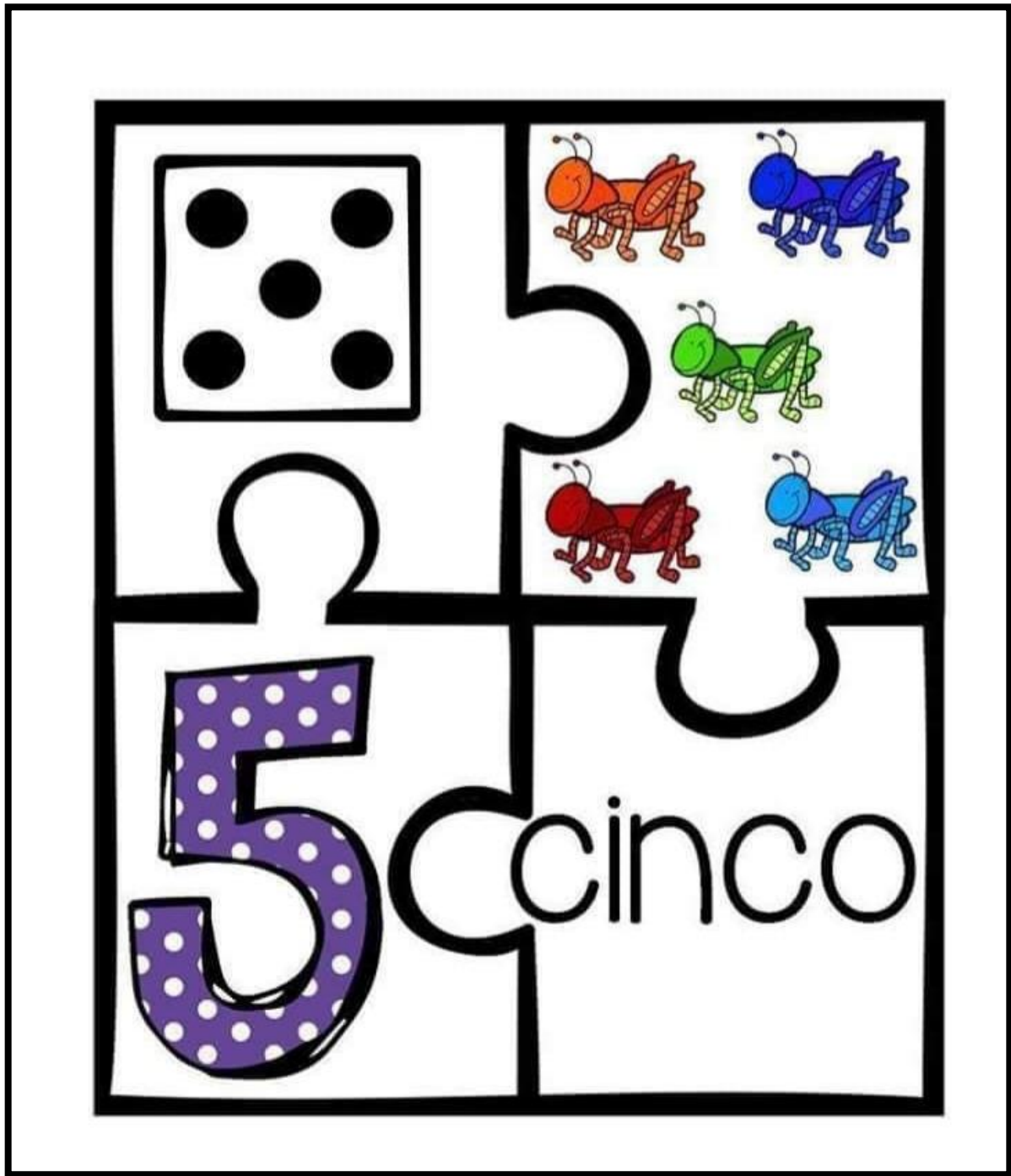
Rompecabezas numérico 1 al 10









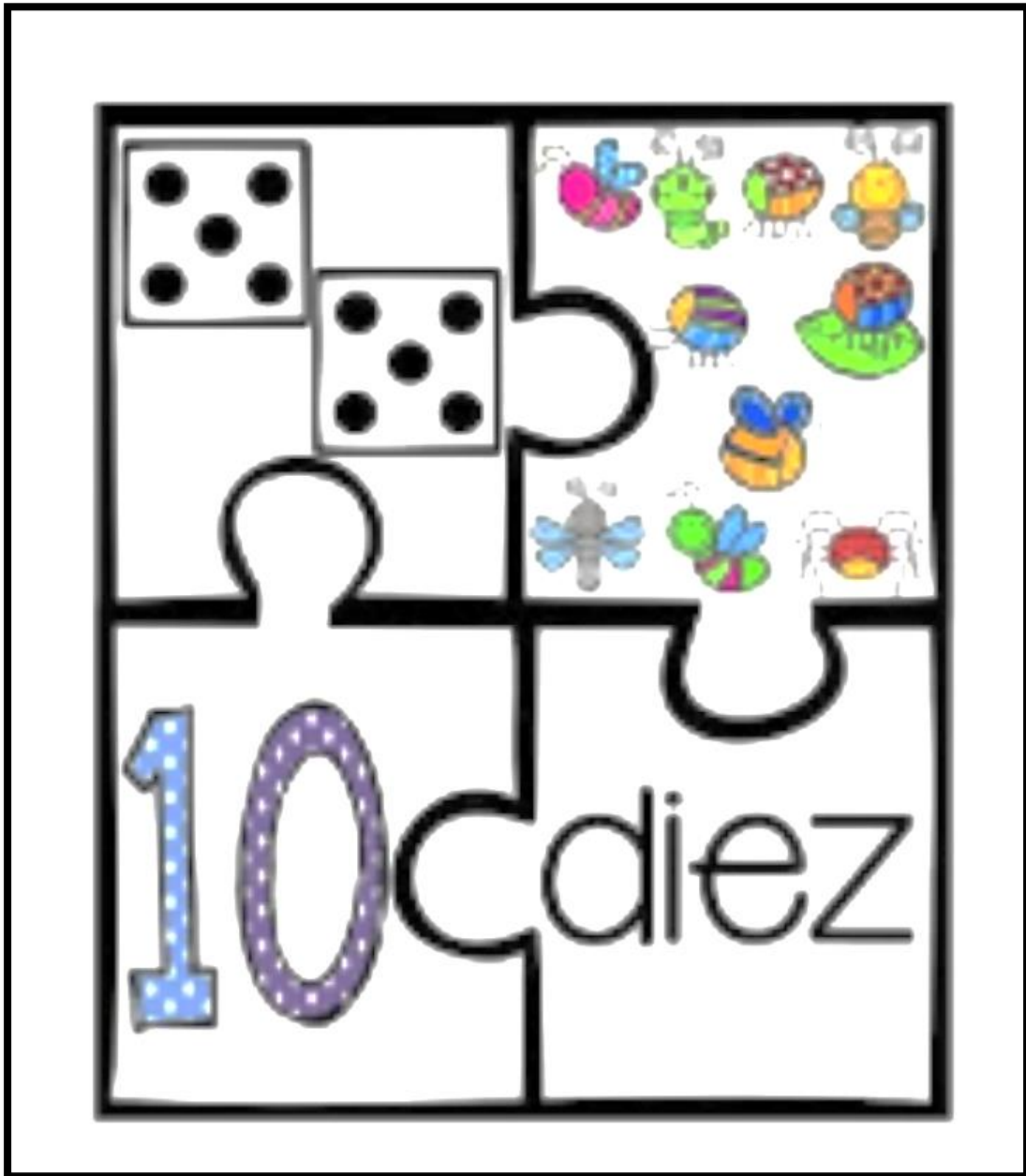




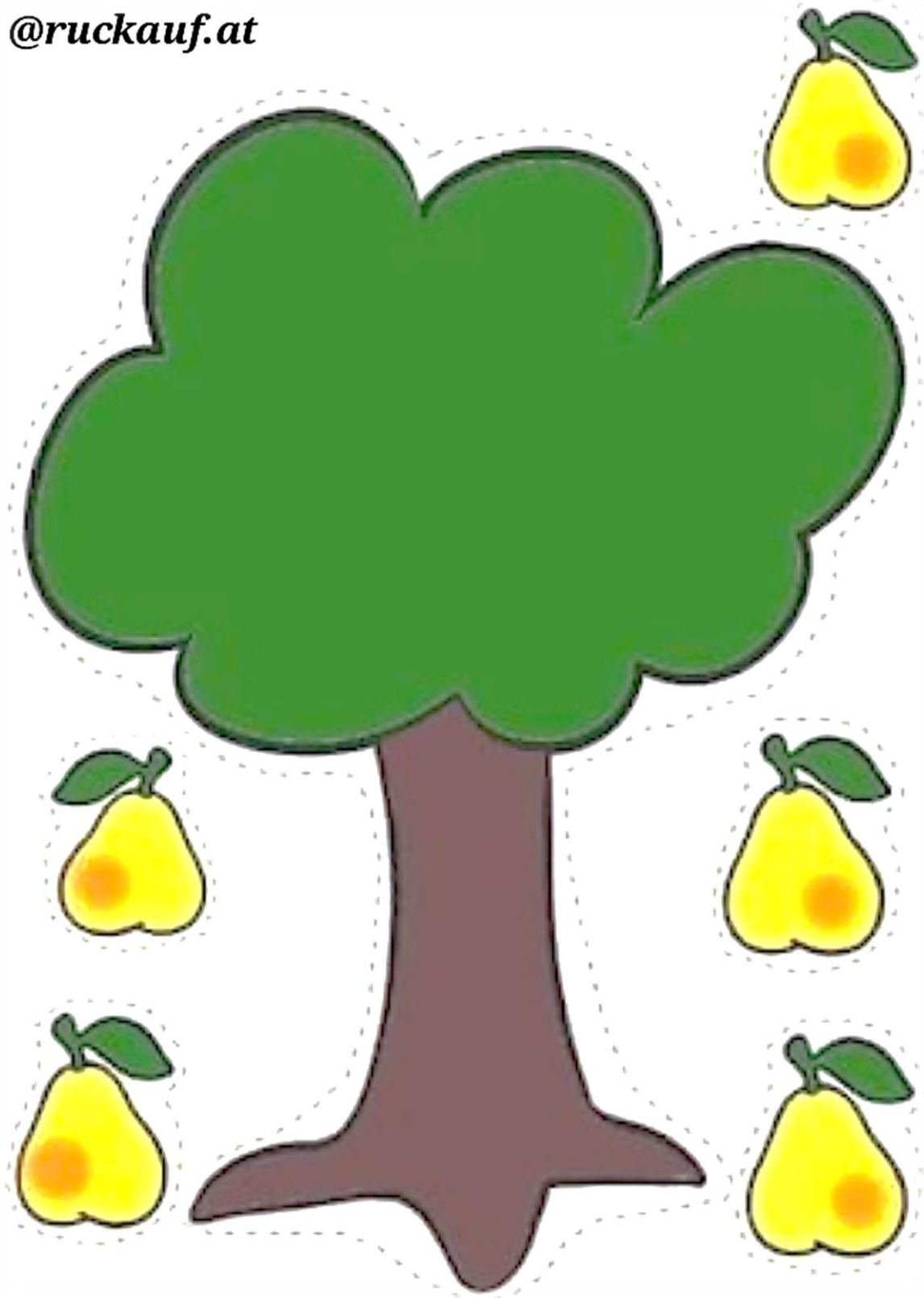


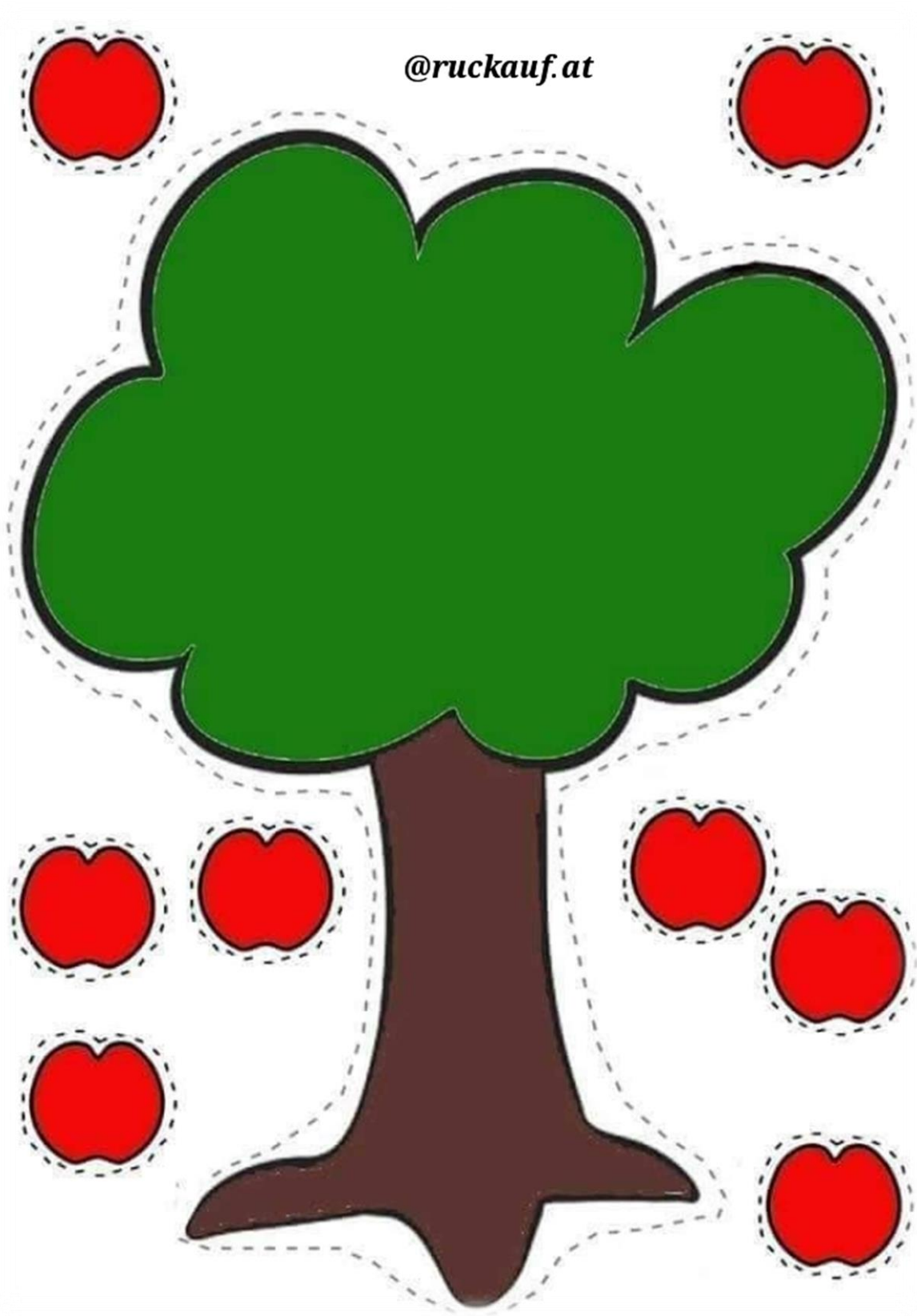


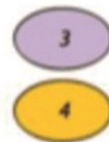
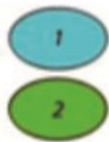
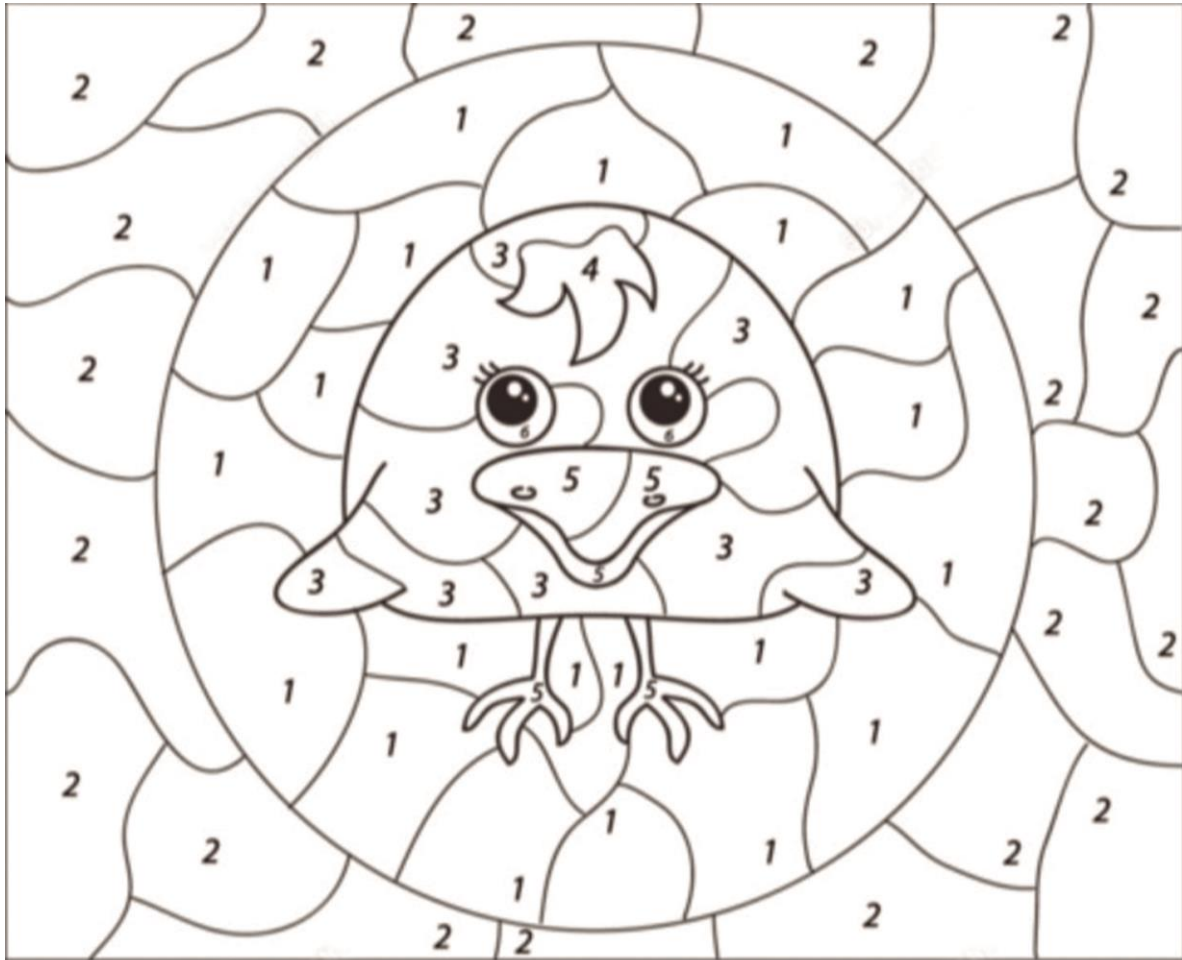


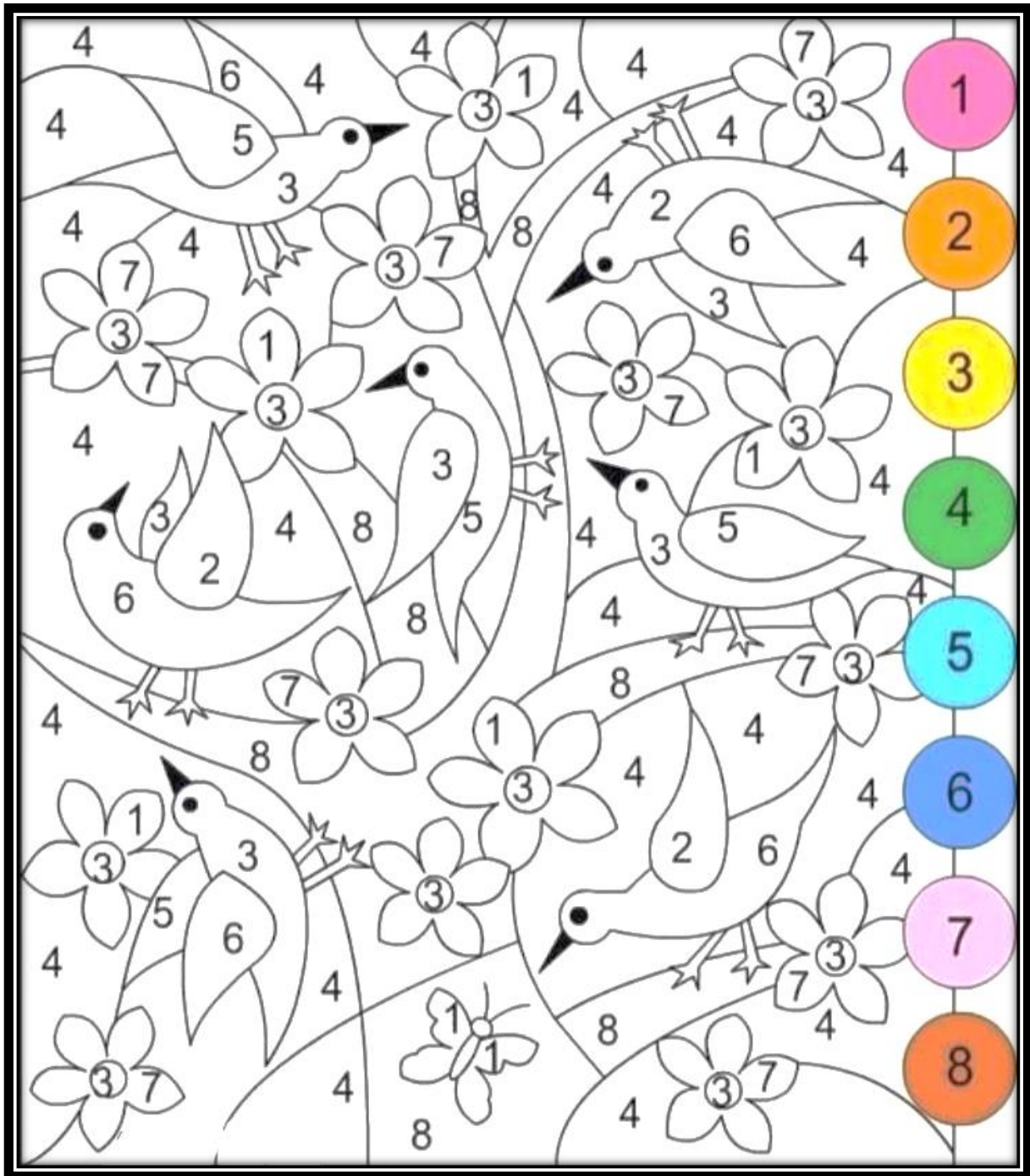


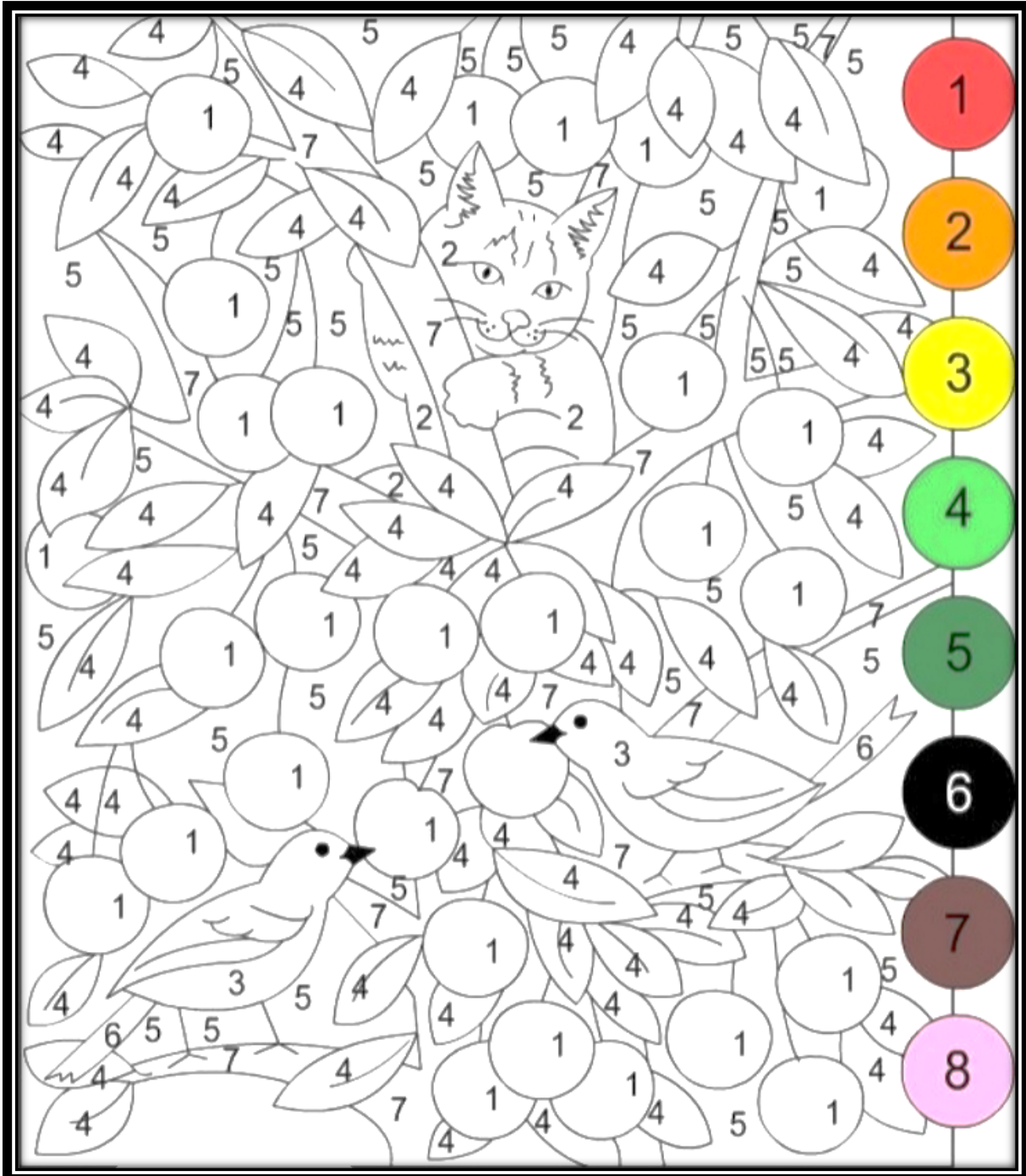
@ruckauf.at

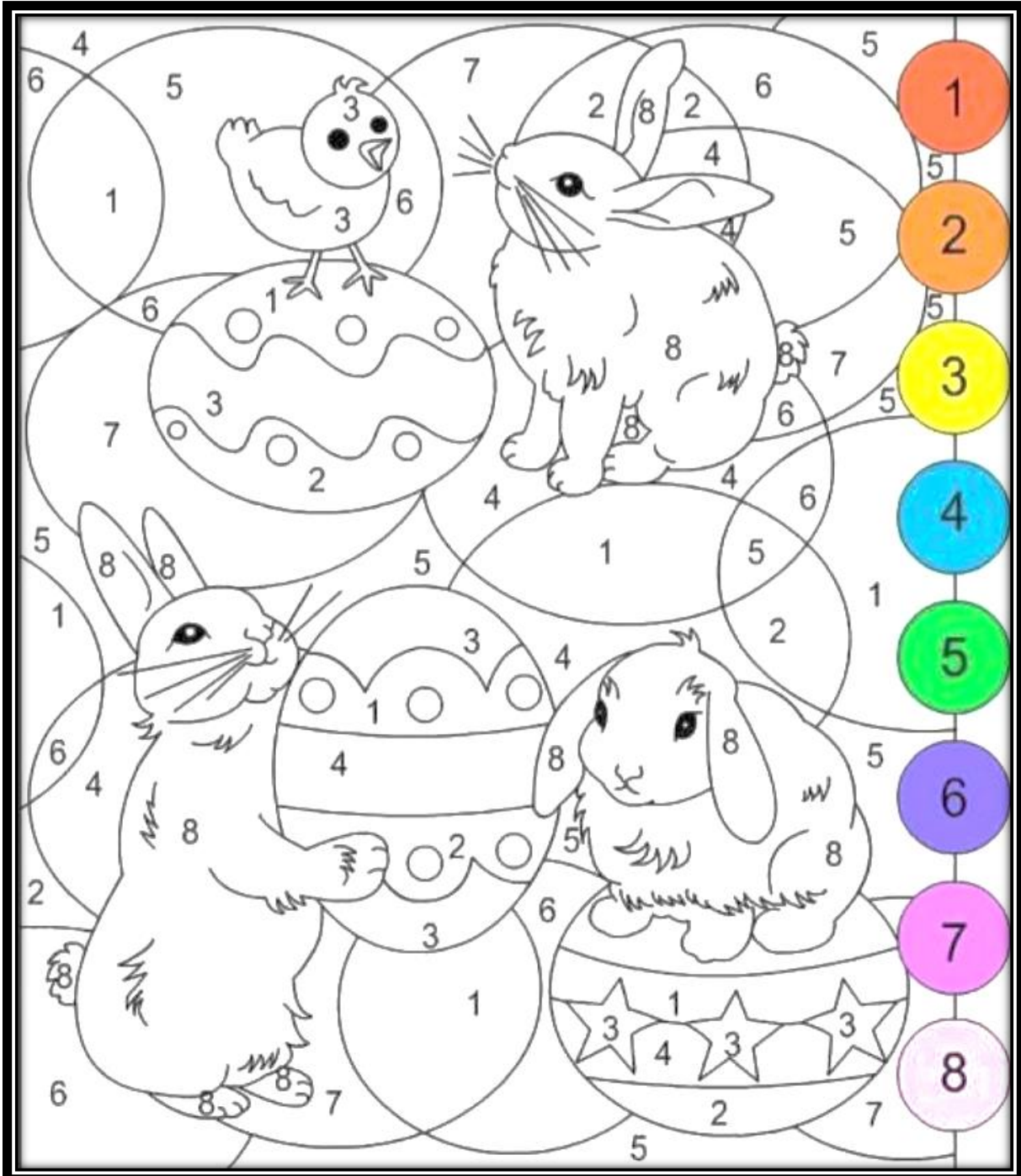




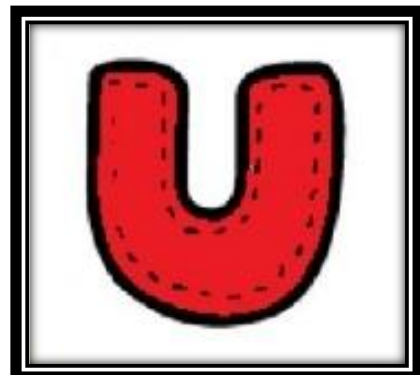
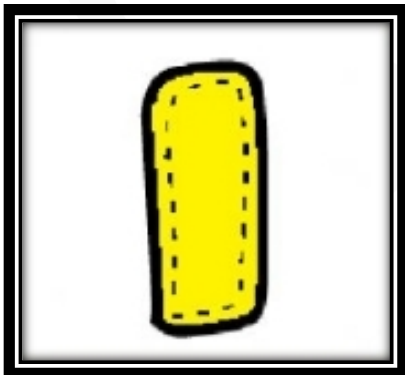
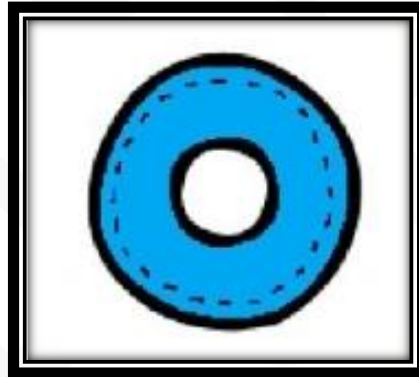
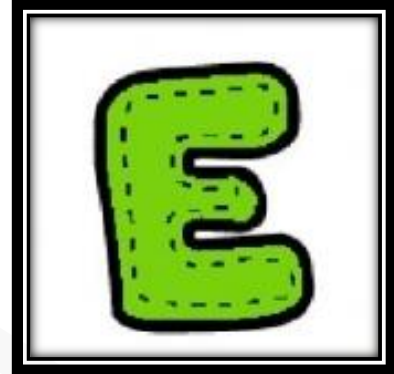


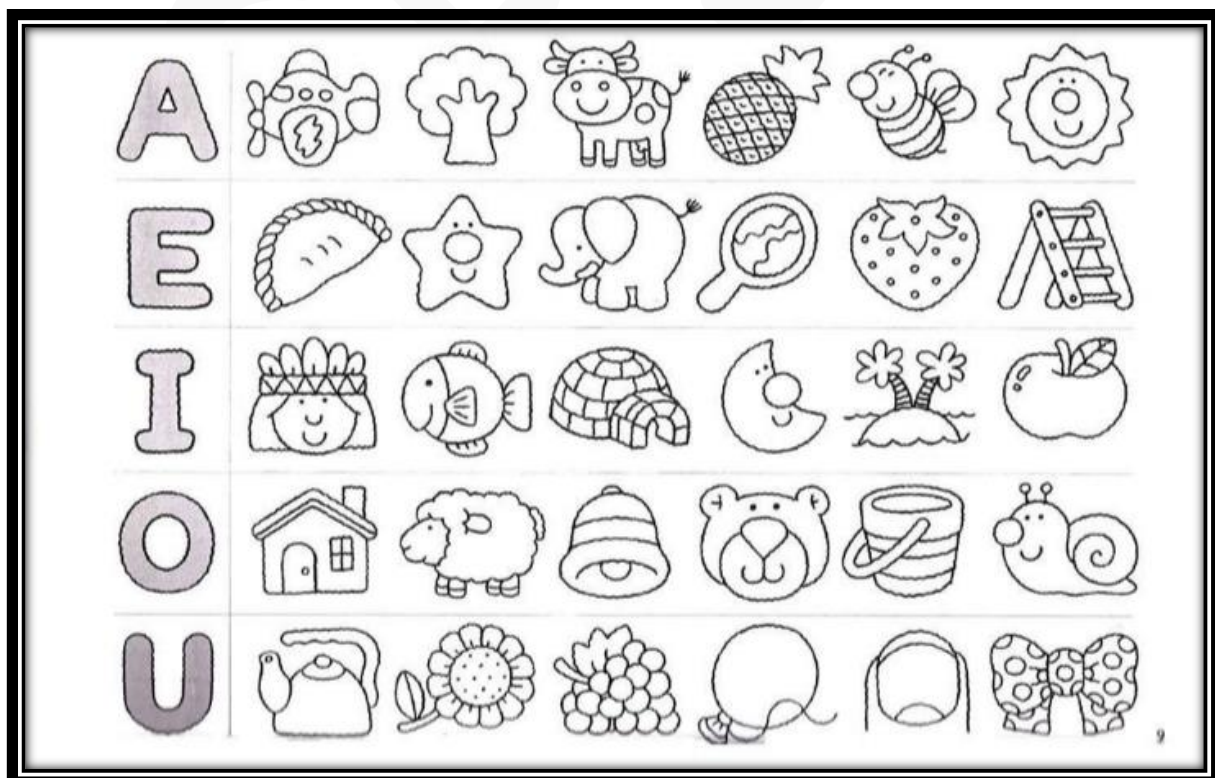
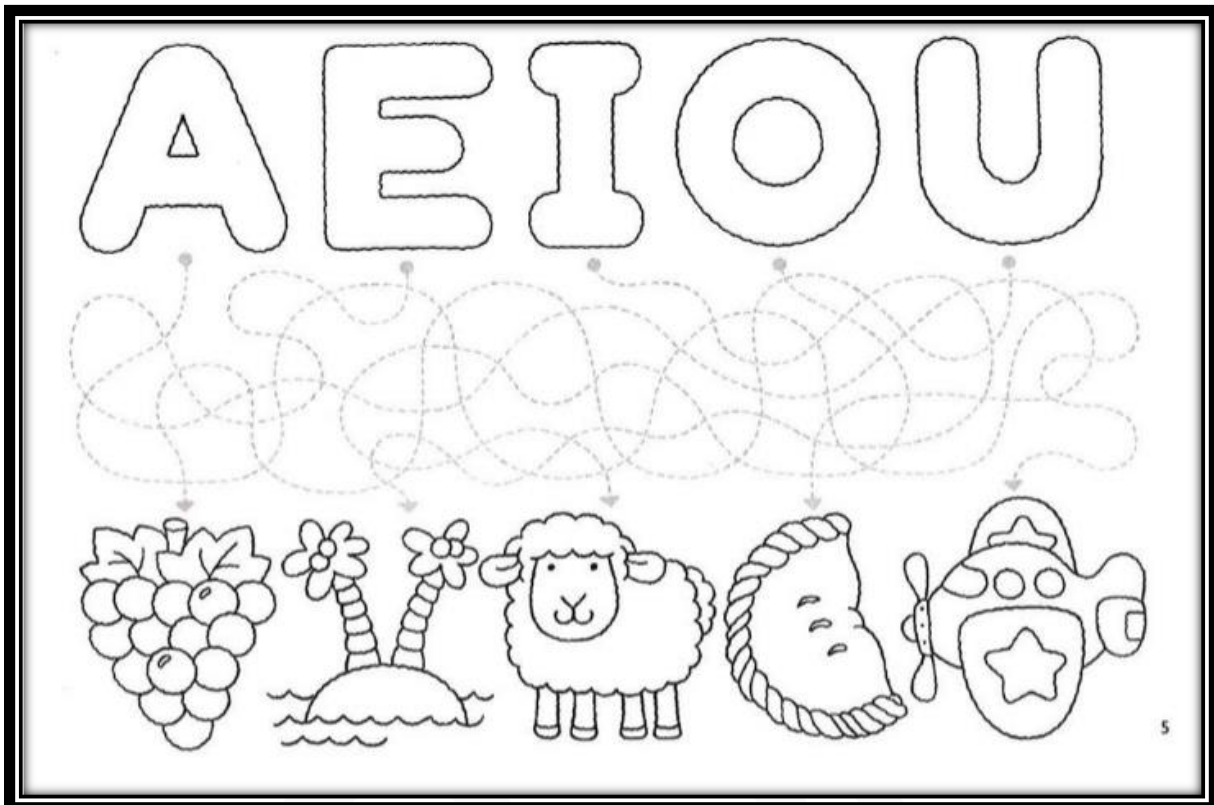
















Vocales





The worksheet is divided into two main sections. The top section is a matching activity with two columns of five items each. Each item has a speaker icon to its left, indicating an audio cue. The items are: a brown teddy bear, a black spider, a tropical island with a palm tree and sun, a wooden ladder, and a blue t-shirt with the number 5 and red shorts. The right column contains: a blue elephant, a yellow airplane, a unicorn, a human eye, and a green chameleon. To the right of each item is a dashed rectangular box for a match. The bottom section is a vowel tracing grid with two rows and five columns. Each cell contains a vowel: 'a', 'e', 'i', 'o', 'u'. The grid is outlined with a dashed border and a solid green border.

a	e	i	o	u
a	e	i	o	u

A		
E		
I		
O		
U		

Pictogramas: ONOMATOPEYAS ANIMALES
(estimulación del lenguaje)

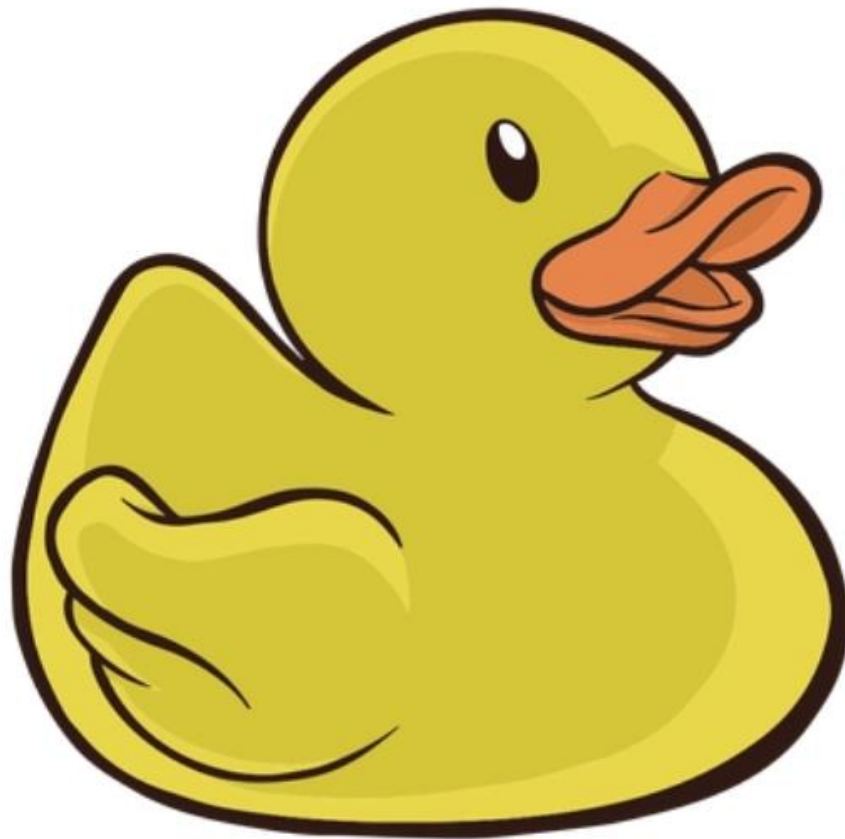


Guau - guau









Cuac - cuac



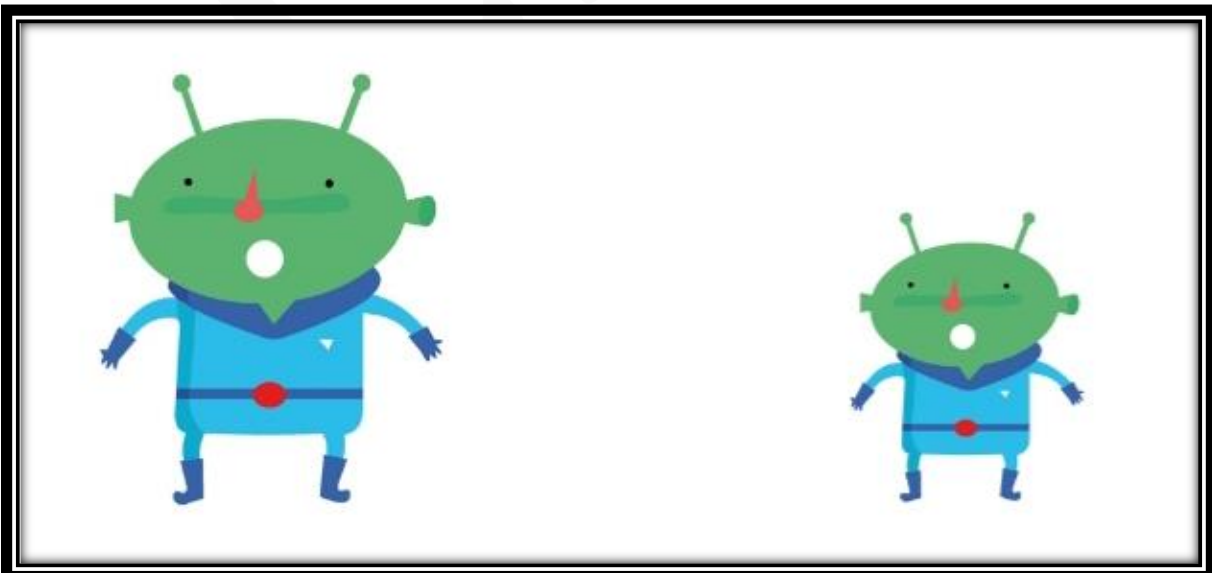


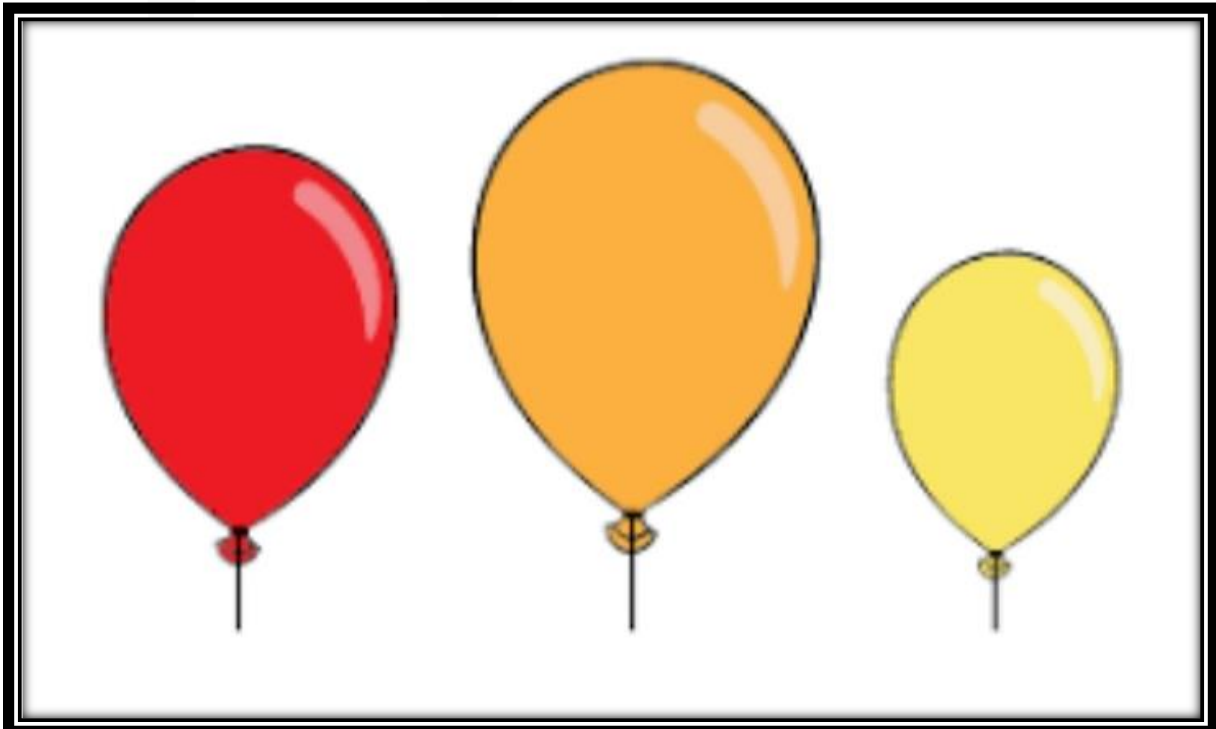
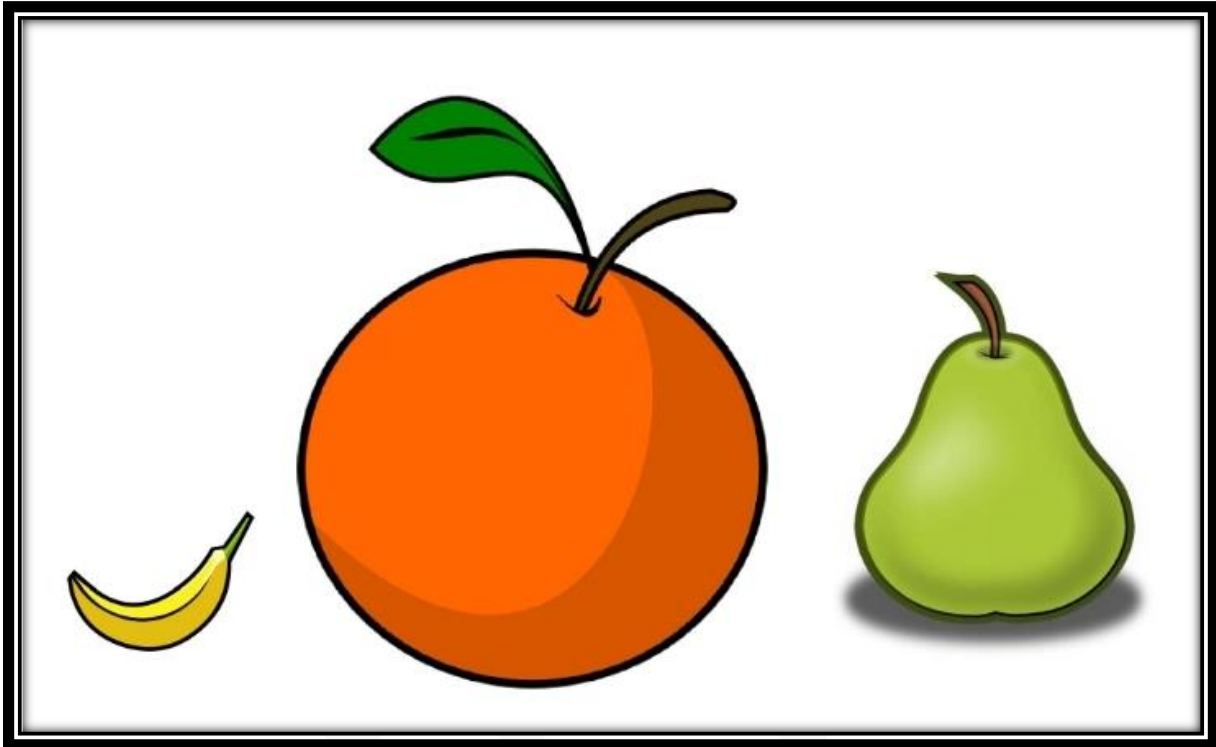


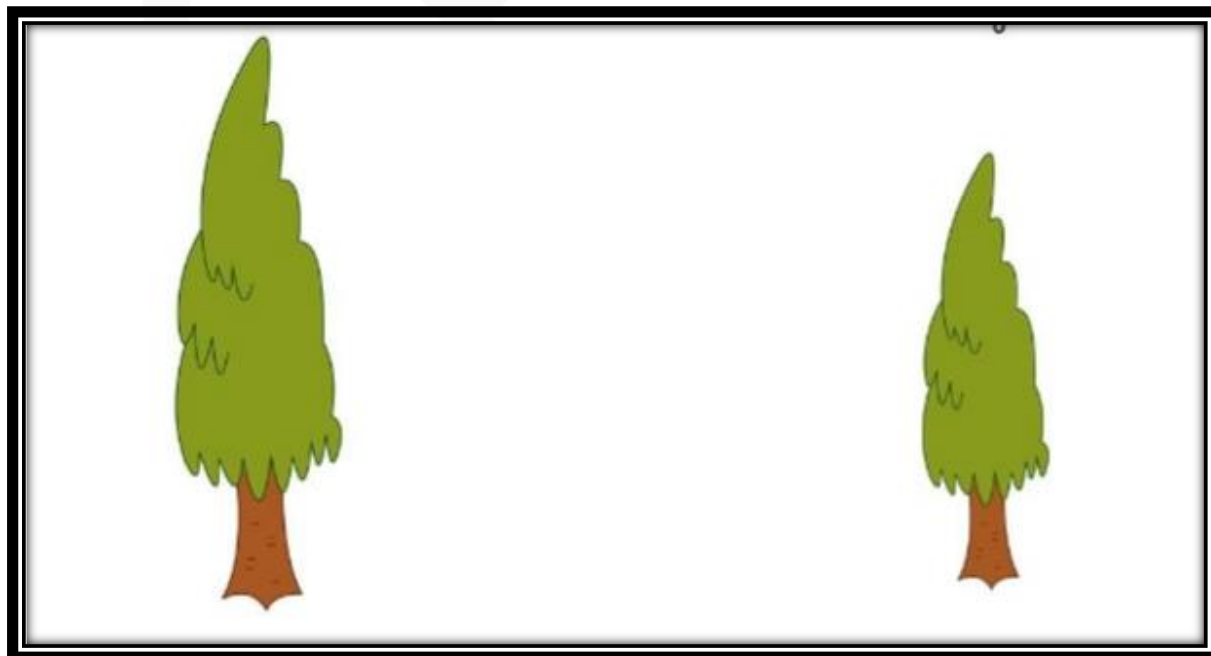
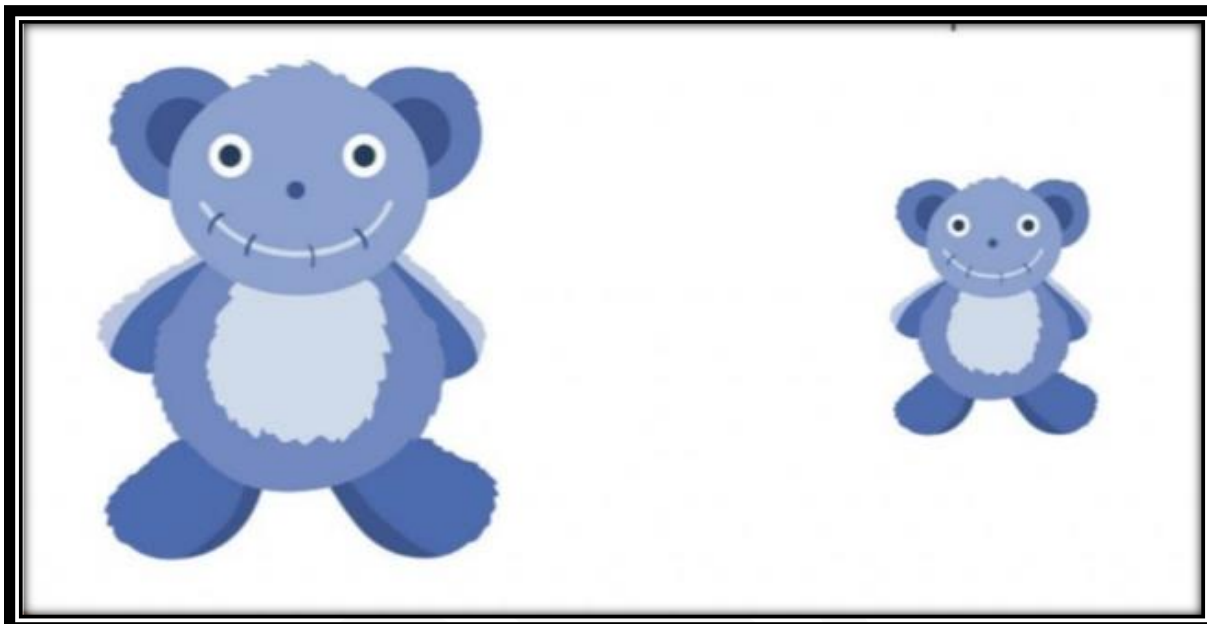
Tamaños

Grande – Chico

Alto – Bajo

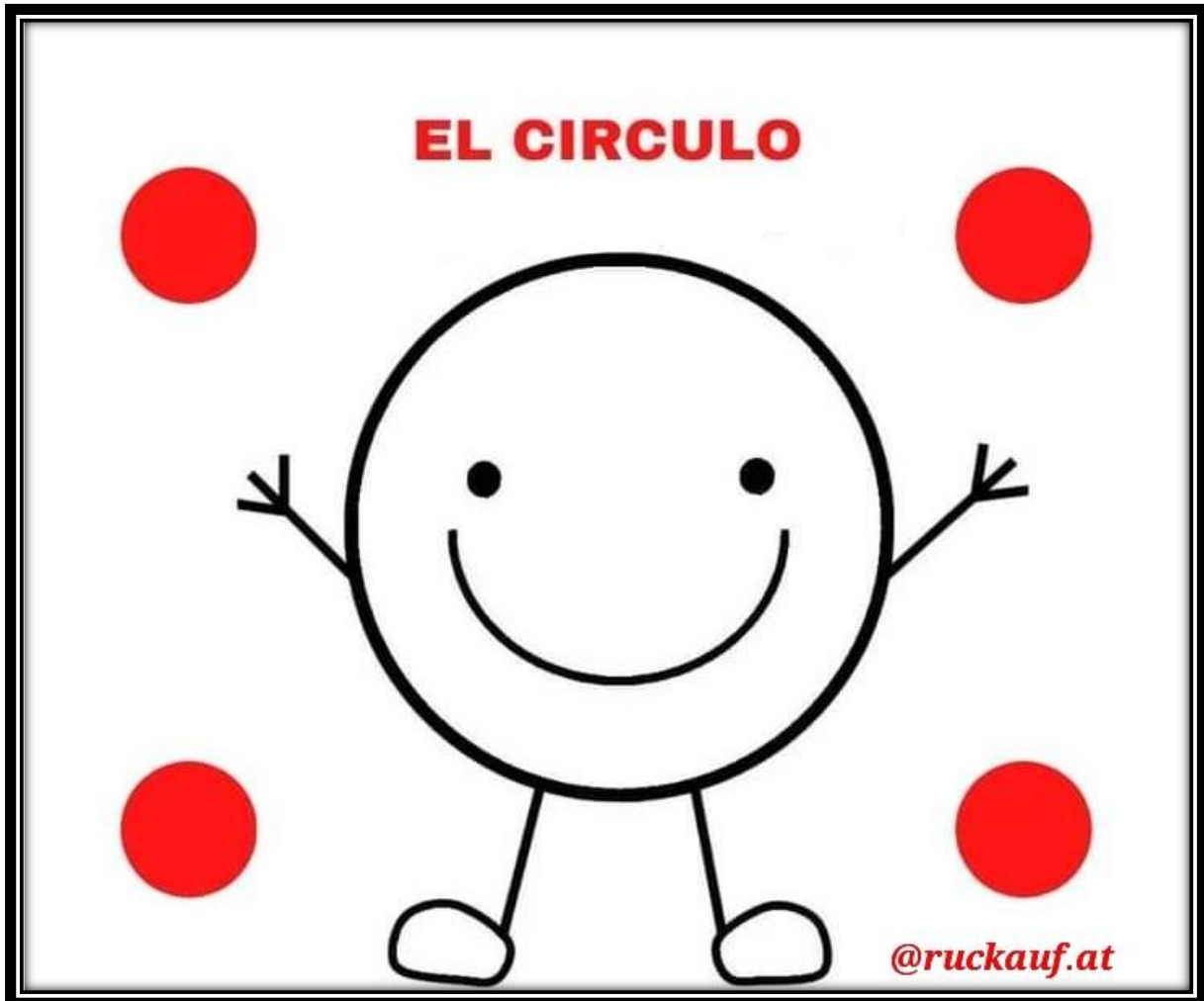


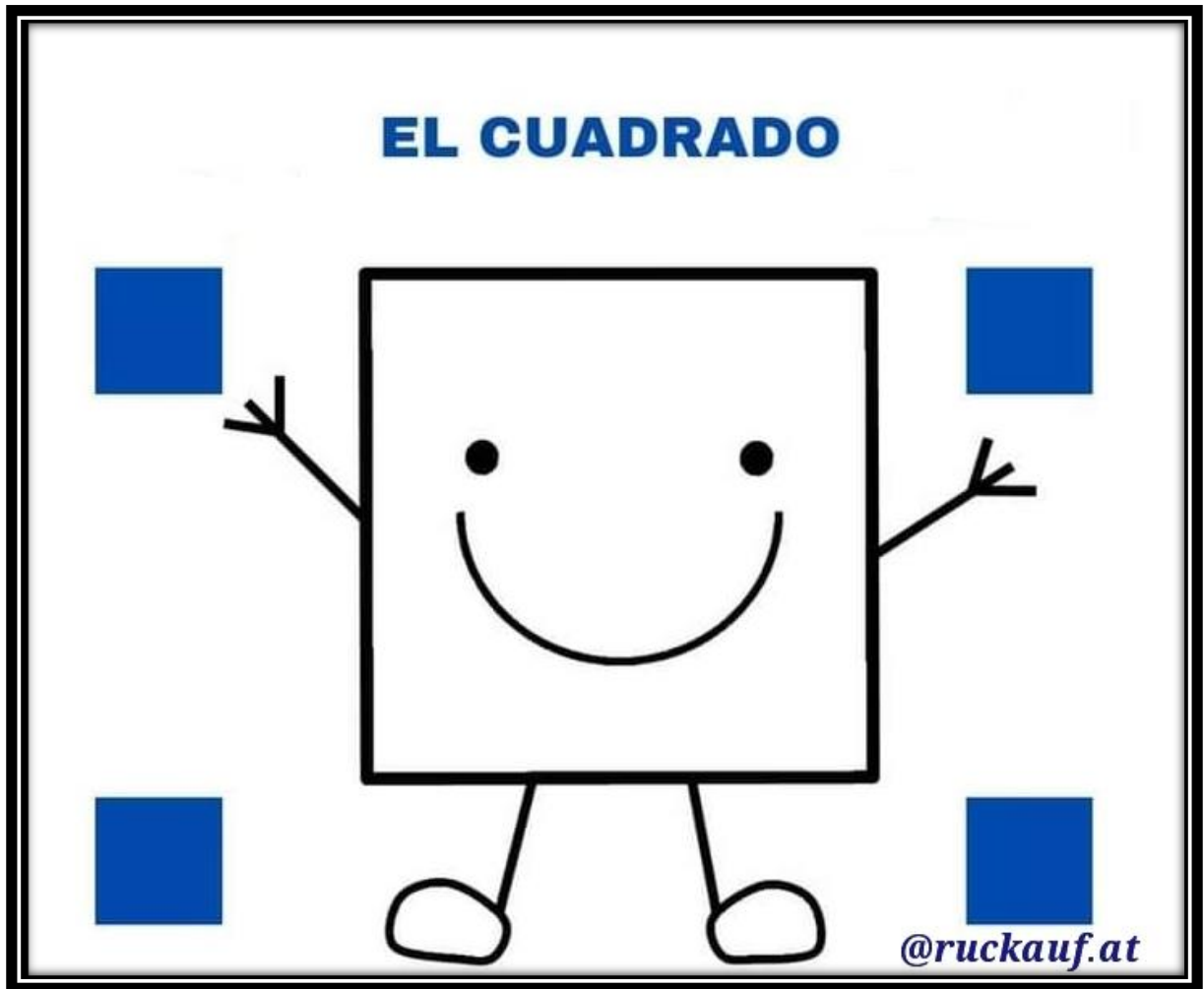


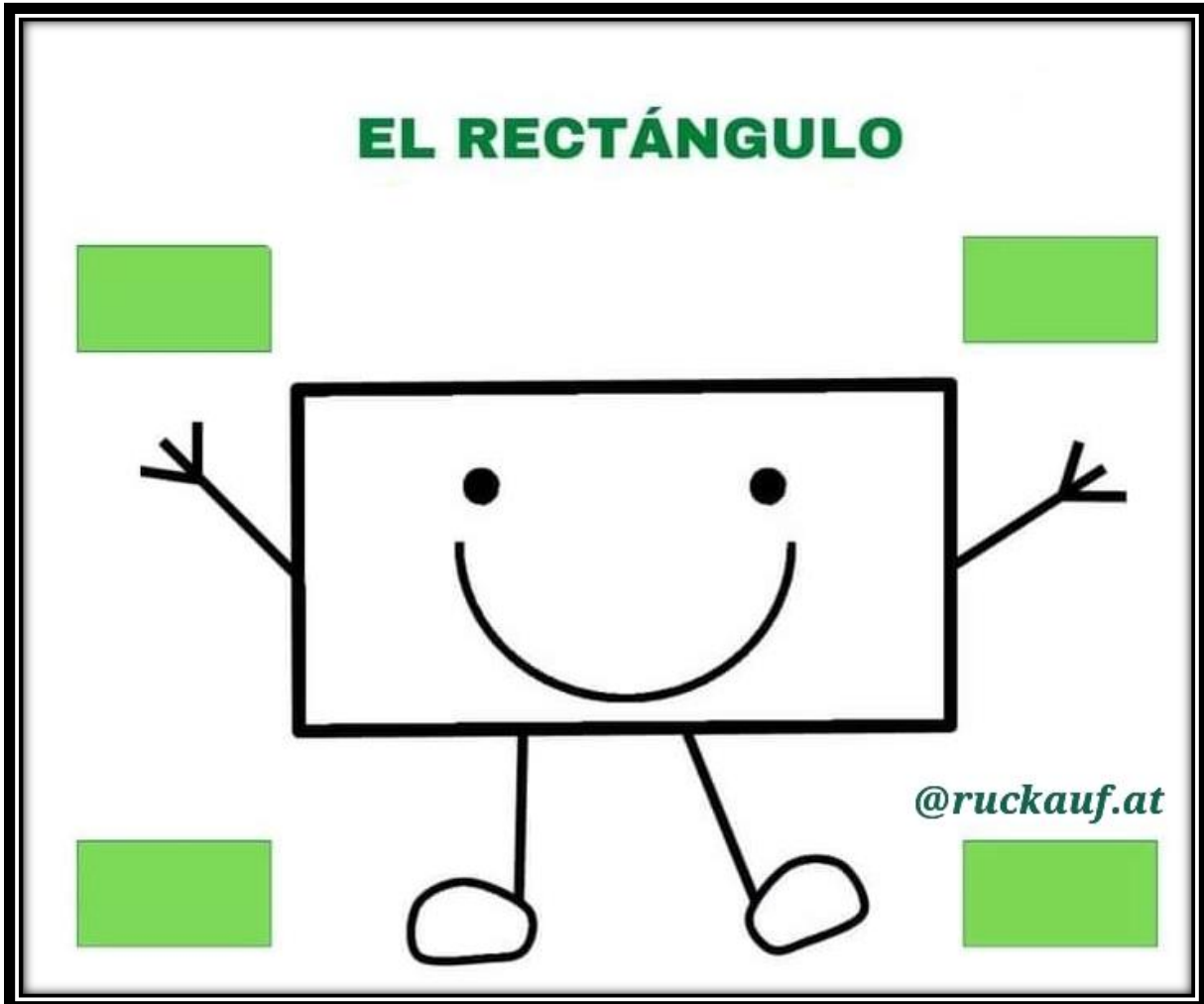


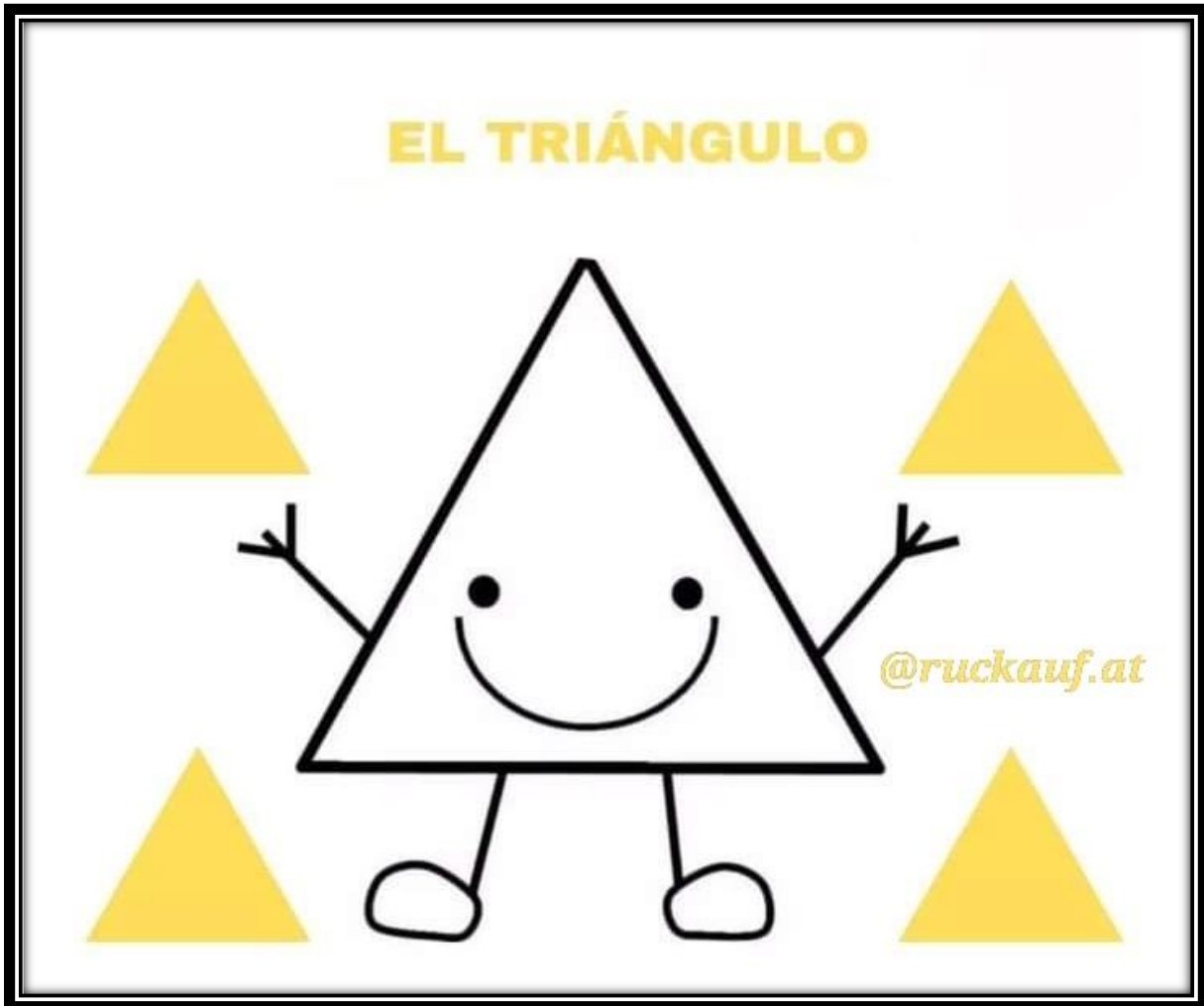
Figuras geométricas

Para colorear, rellenar y aprender jugando.









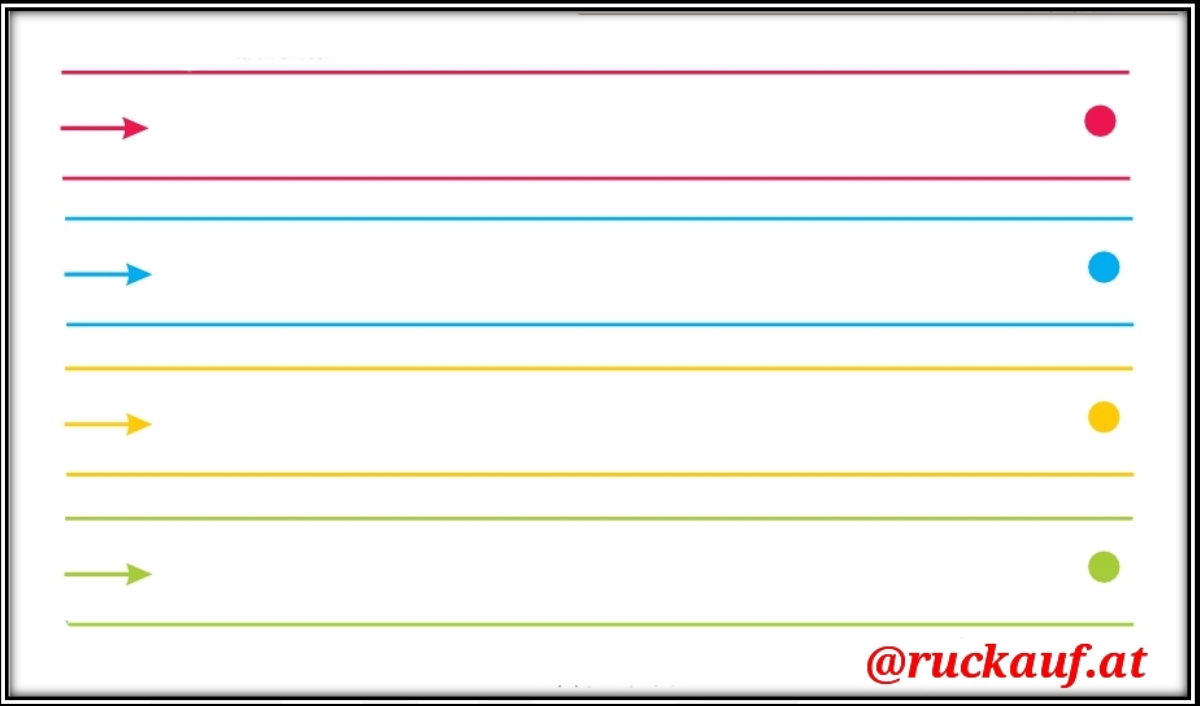
Las emociones








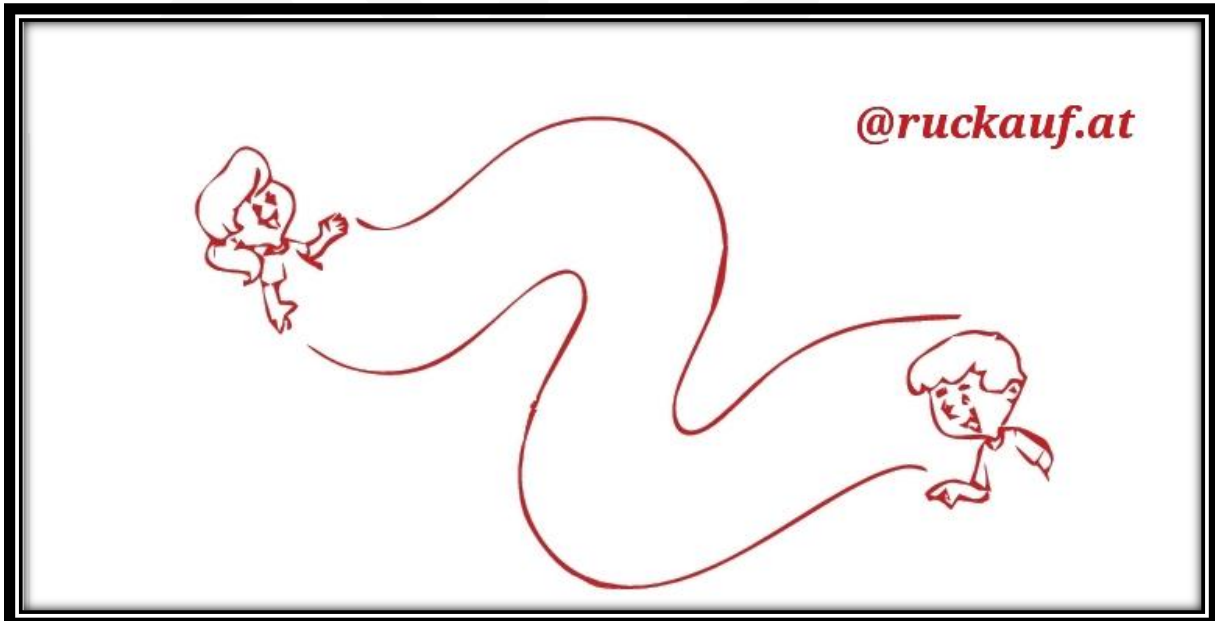
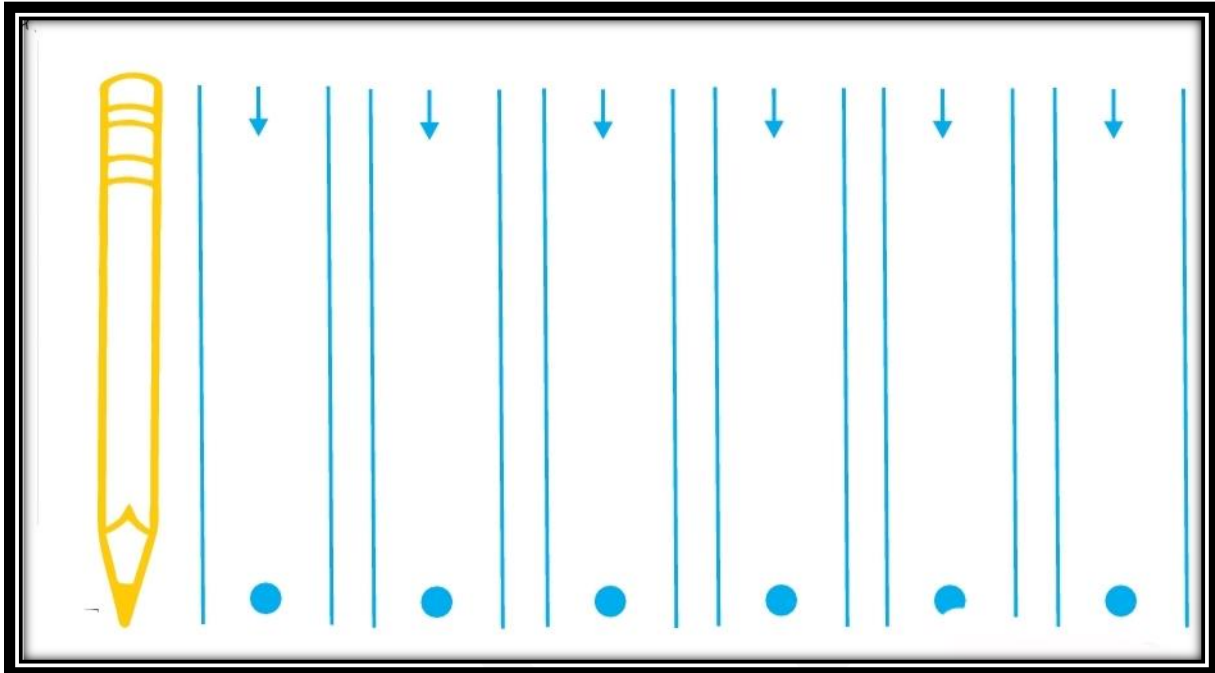
Grafo motricidad

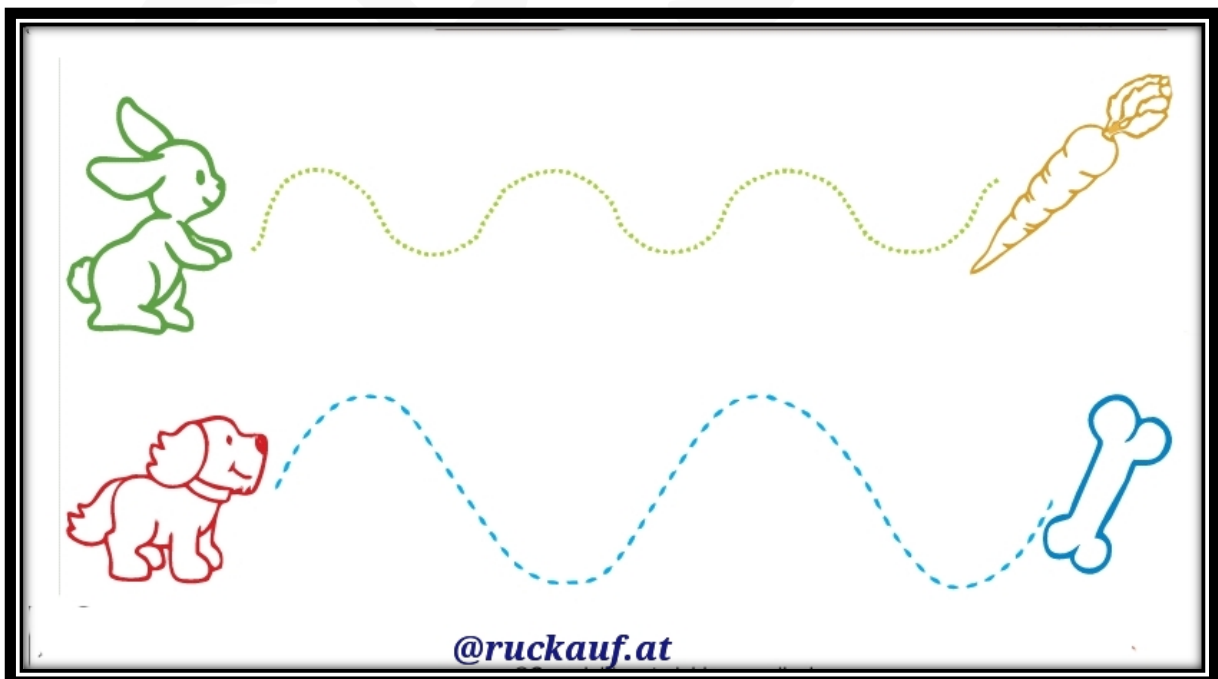
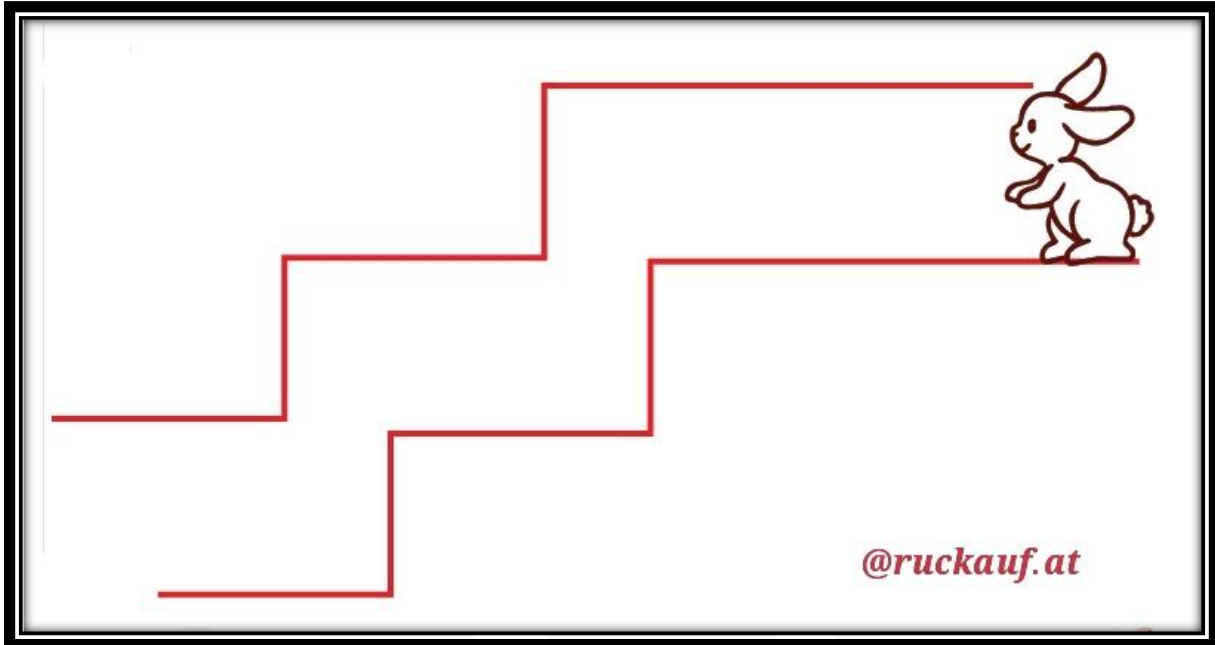


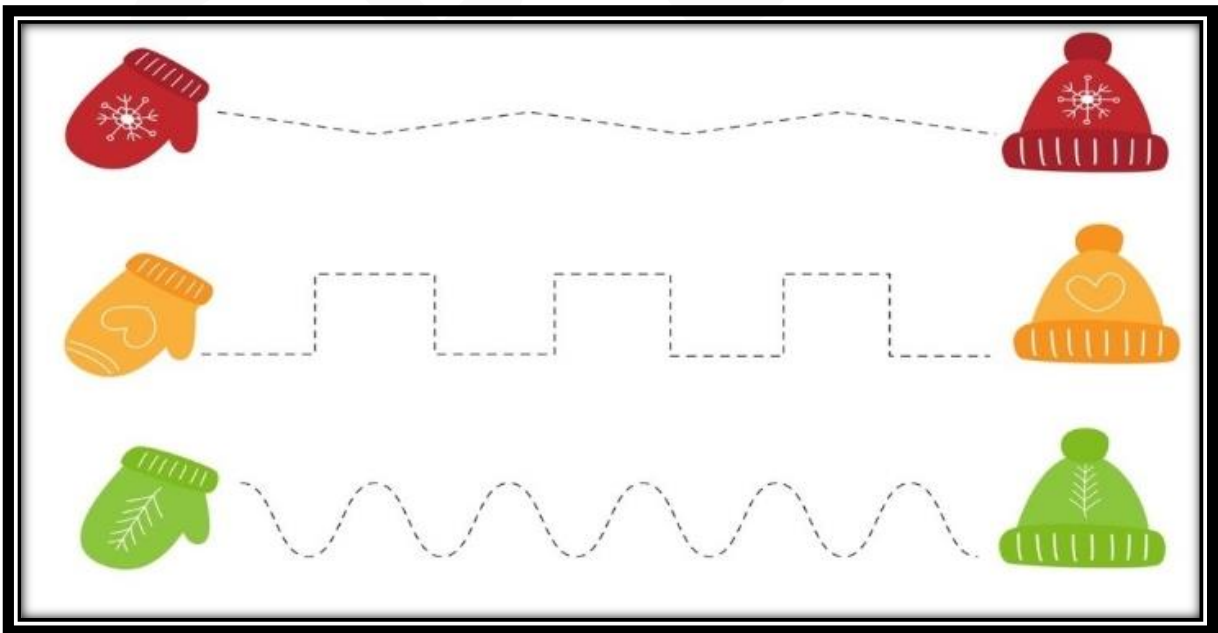
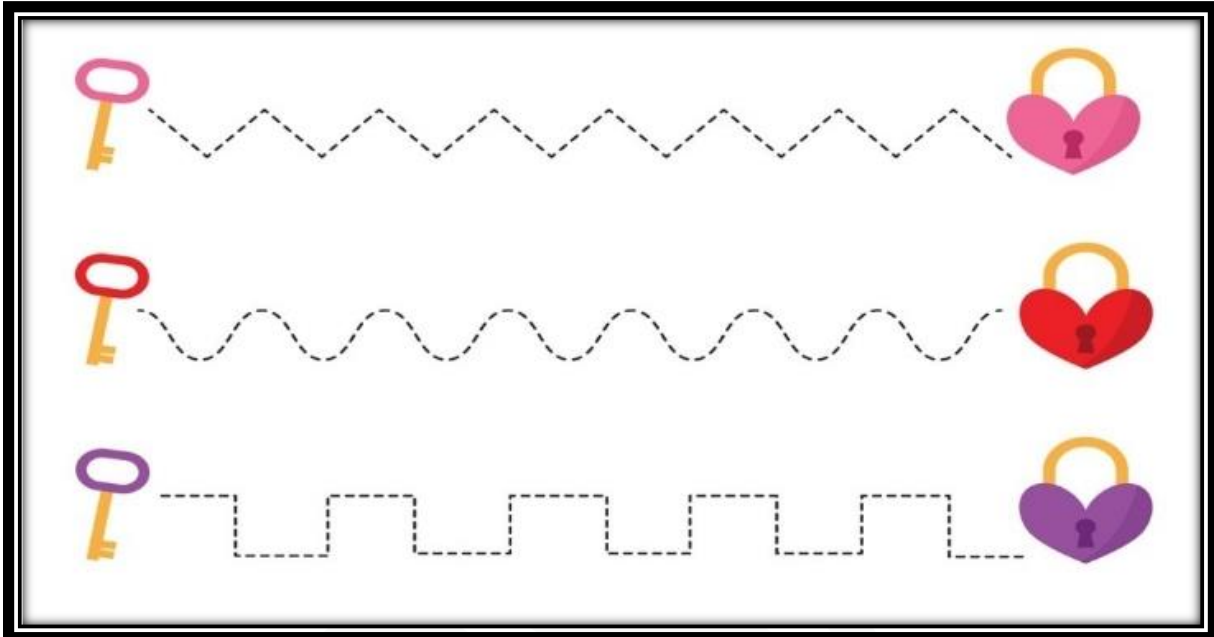
A handwriting practice box containing four rows of horizontal lines. Each row consists of a top solid line, a middle dashed line, and a bottom solid line. The rows are color-coded: red, blue, yellow, and green. On the left side of each row, there is a solid arrow pointing to the right, matching the row's color. On the right side of each row, there is a solid dot of the same color. The text **@ruckauf.at** is written in red in the bottom right corner.

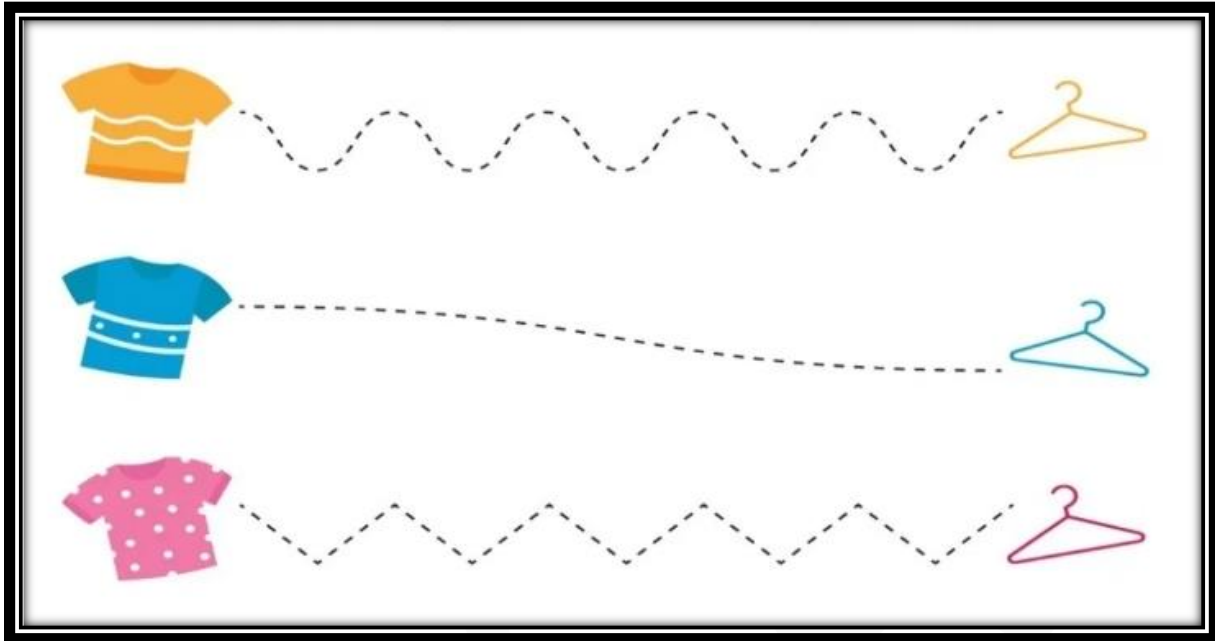


A handwriting practice box containing two rows of horizontal lines. Each row consists of a top solid line, a middle dashed line, and a bottom solid line. The top row is orange and features an orange outline of an elephant on the left. A solid orange arrow points to the right from the elephant's trunk, and a dashed orange line extends from the trunk to the right. The bottom row is blue and features a blue outline of an elephant on the left. A solid blue arrow points to the right from the elephant's trunk, and a dashed blue line extends from the trunk to the right. The text **@ruckauf.at** is written in blue in the top right corner.

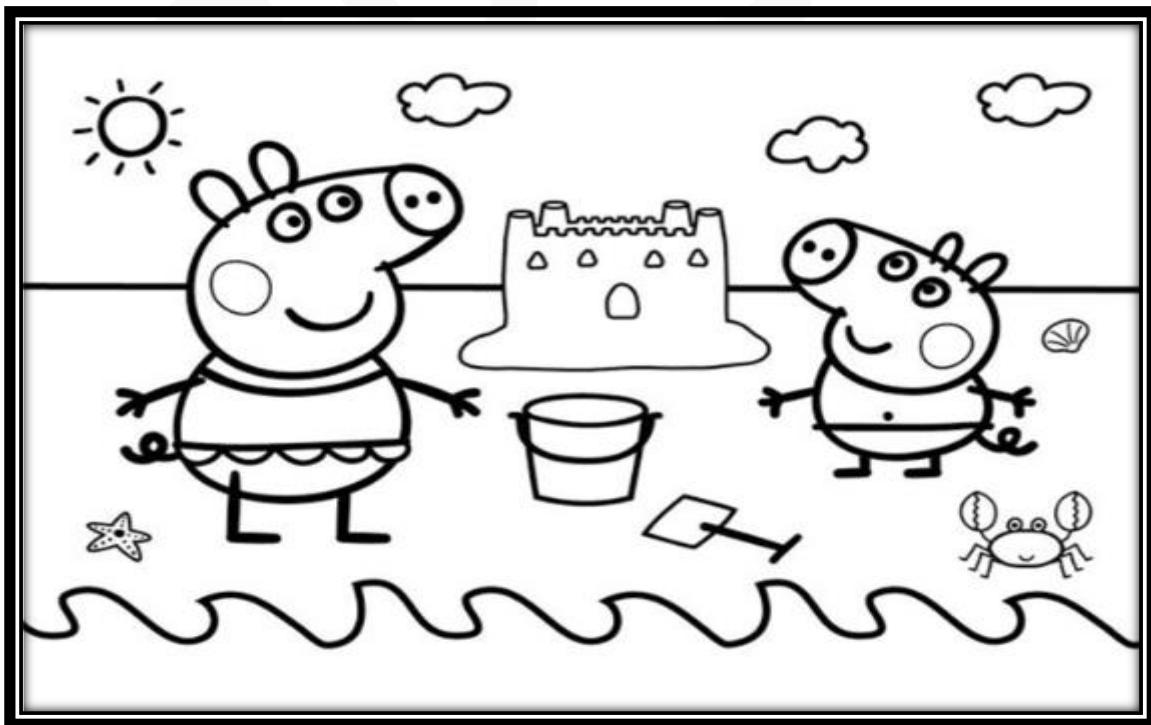








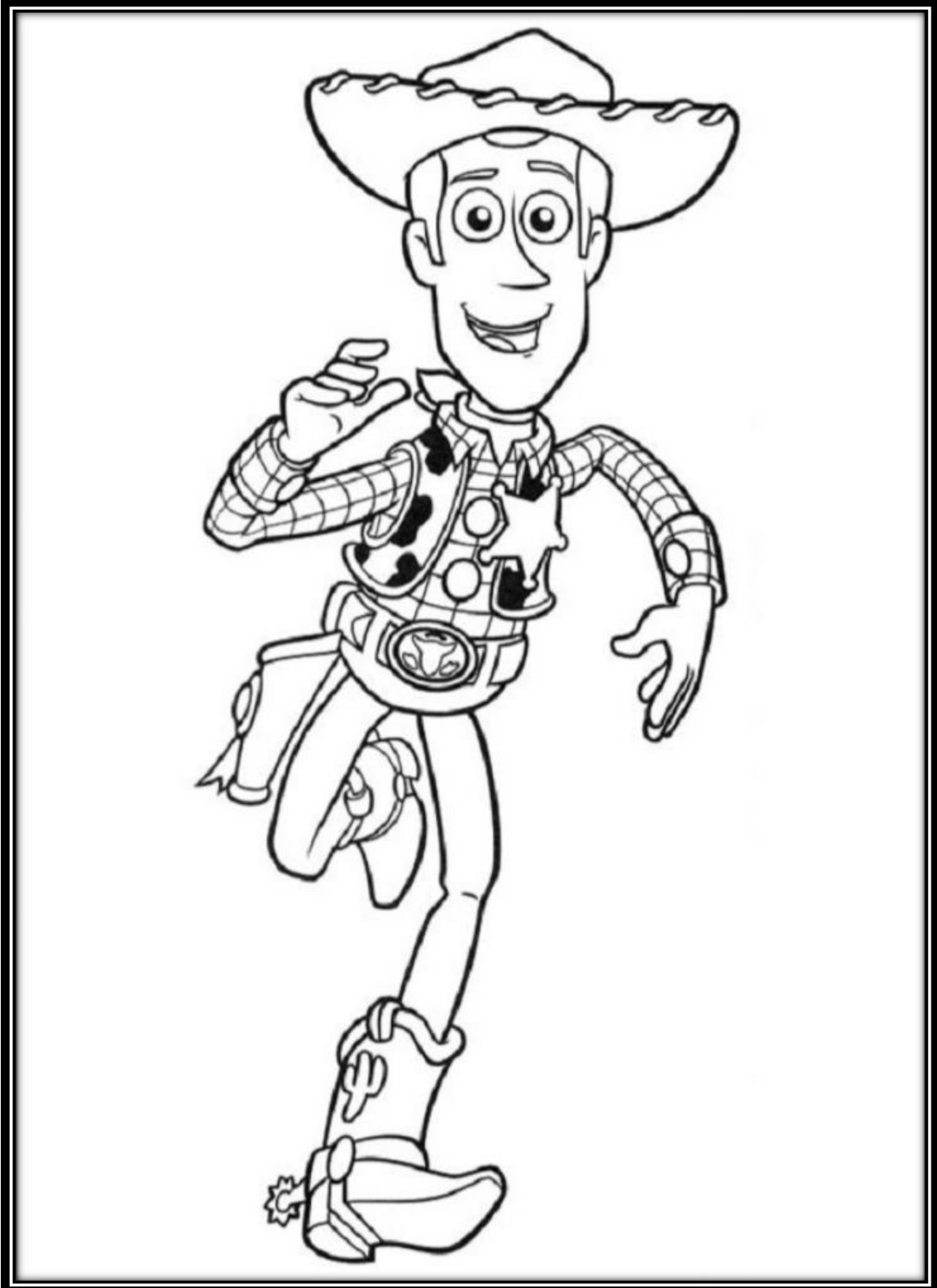
Dibujos para colorear





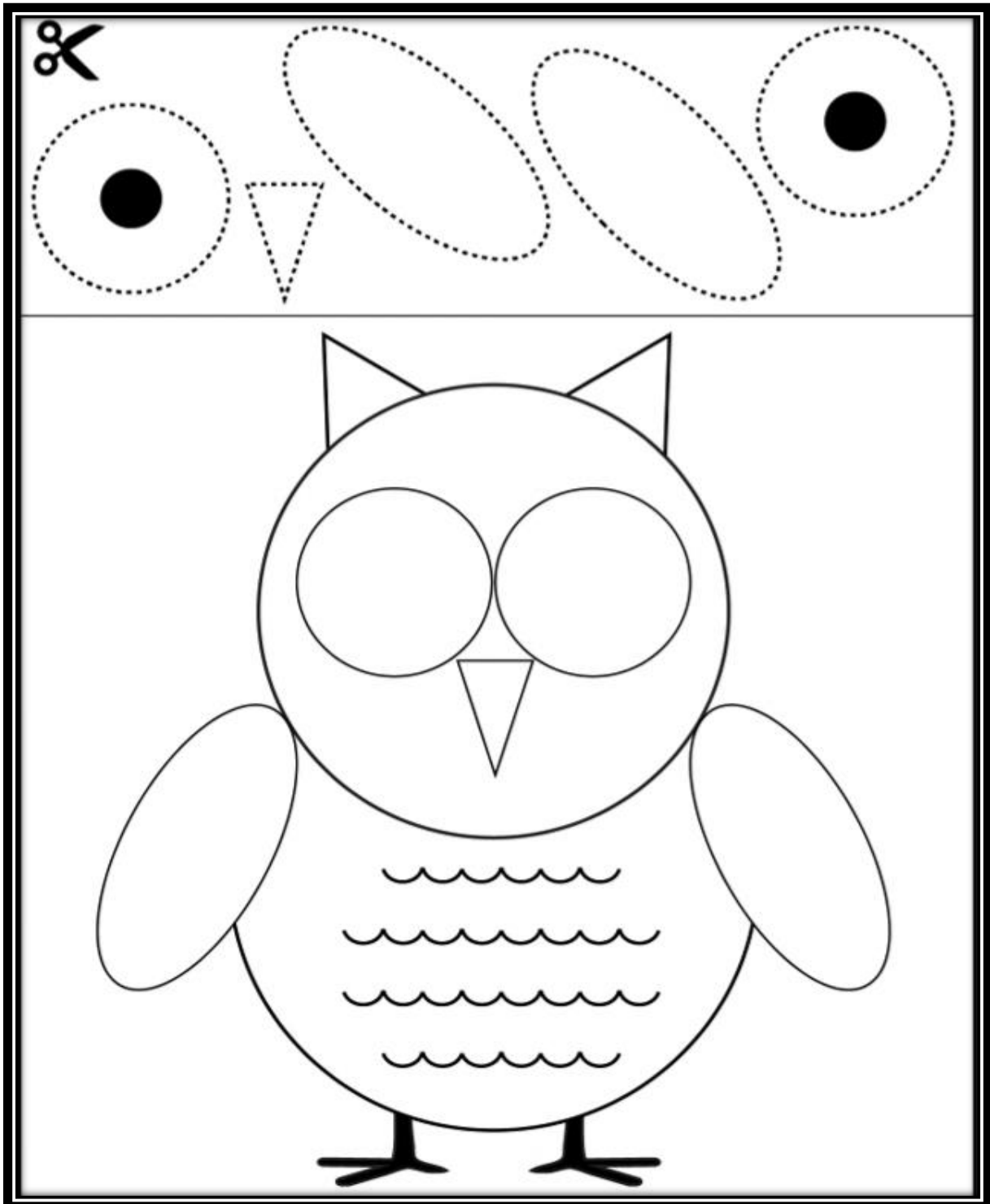


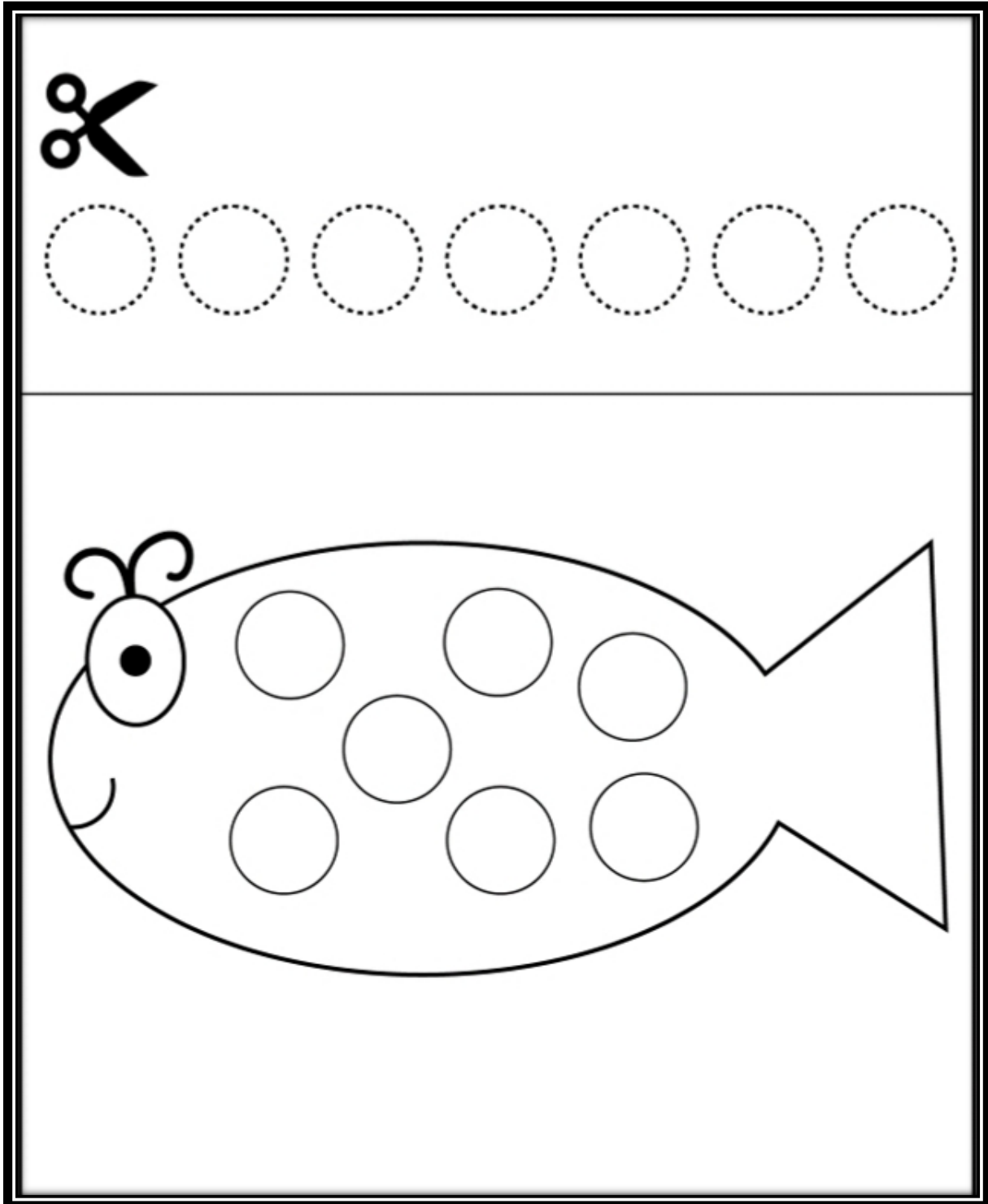


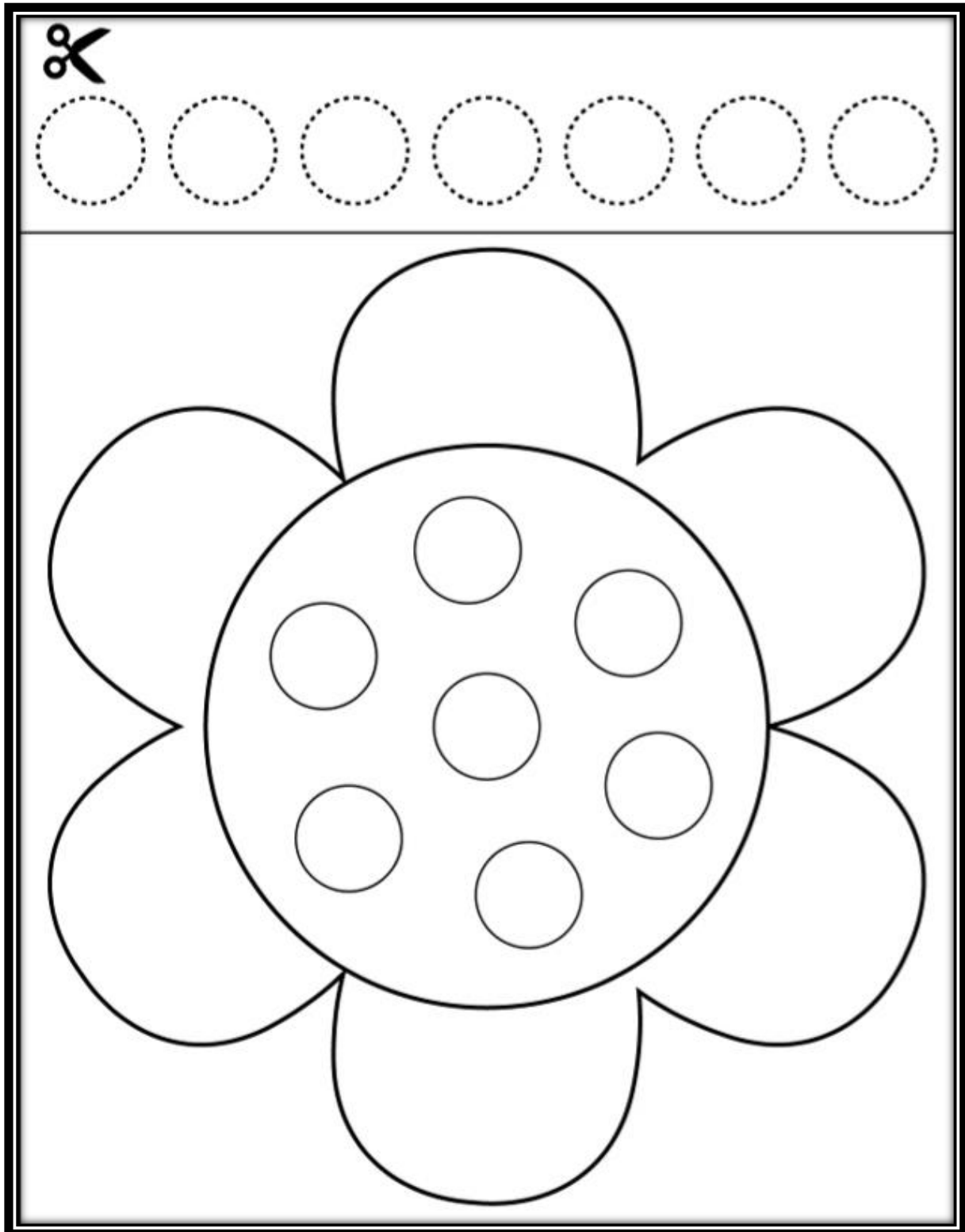


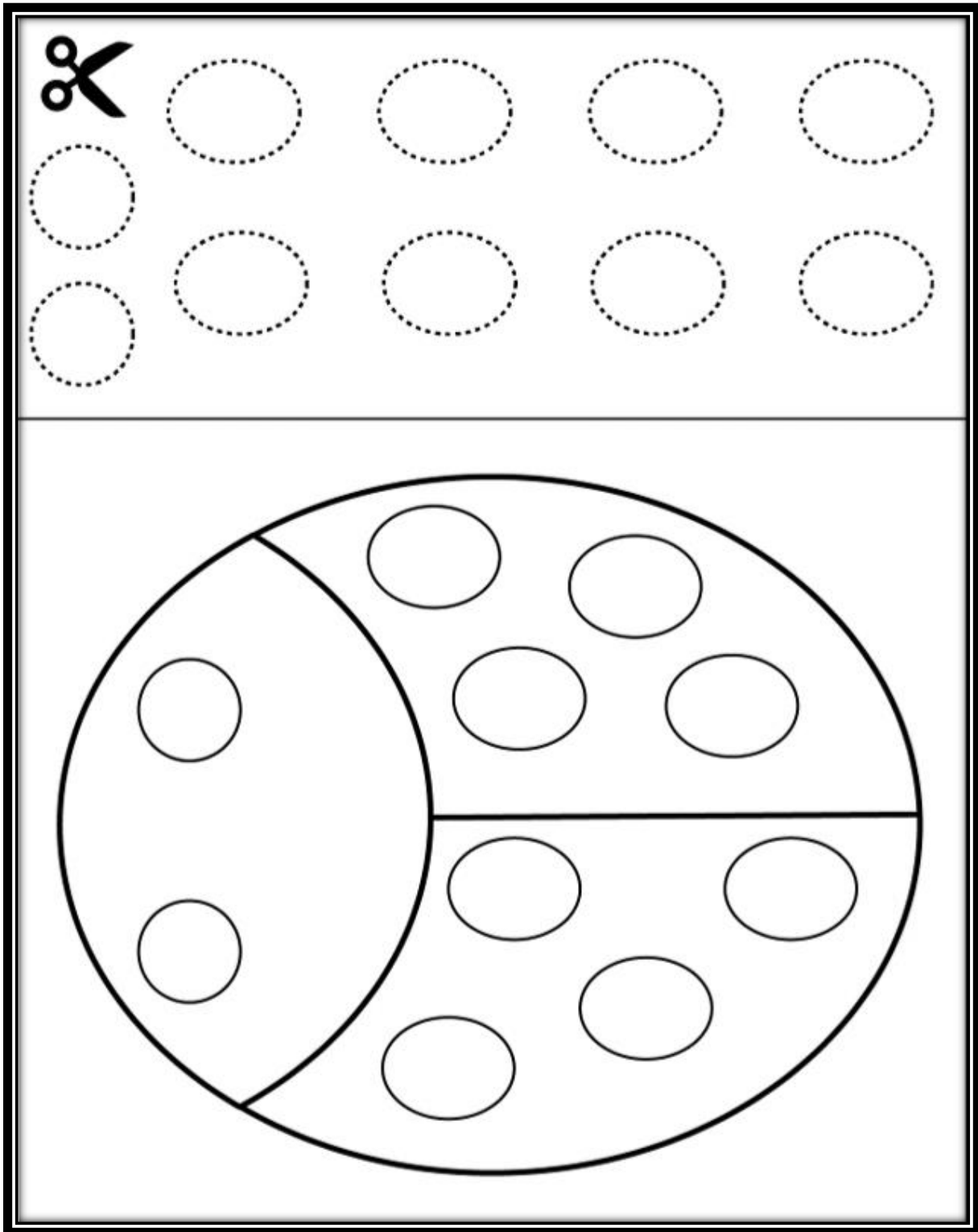


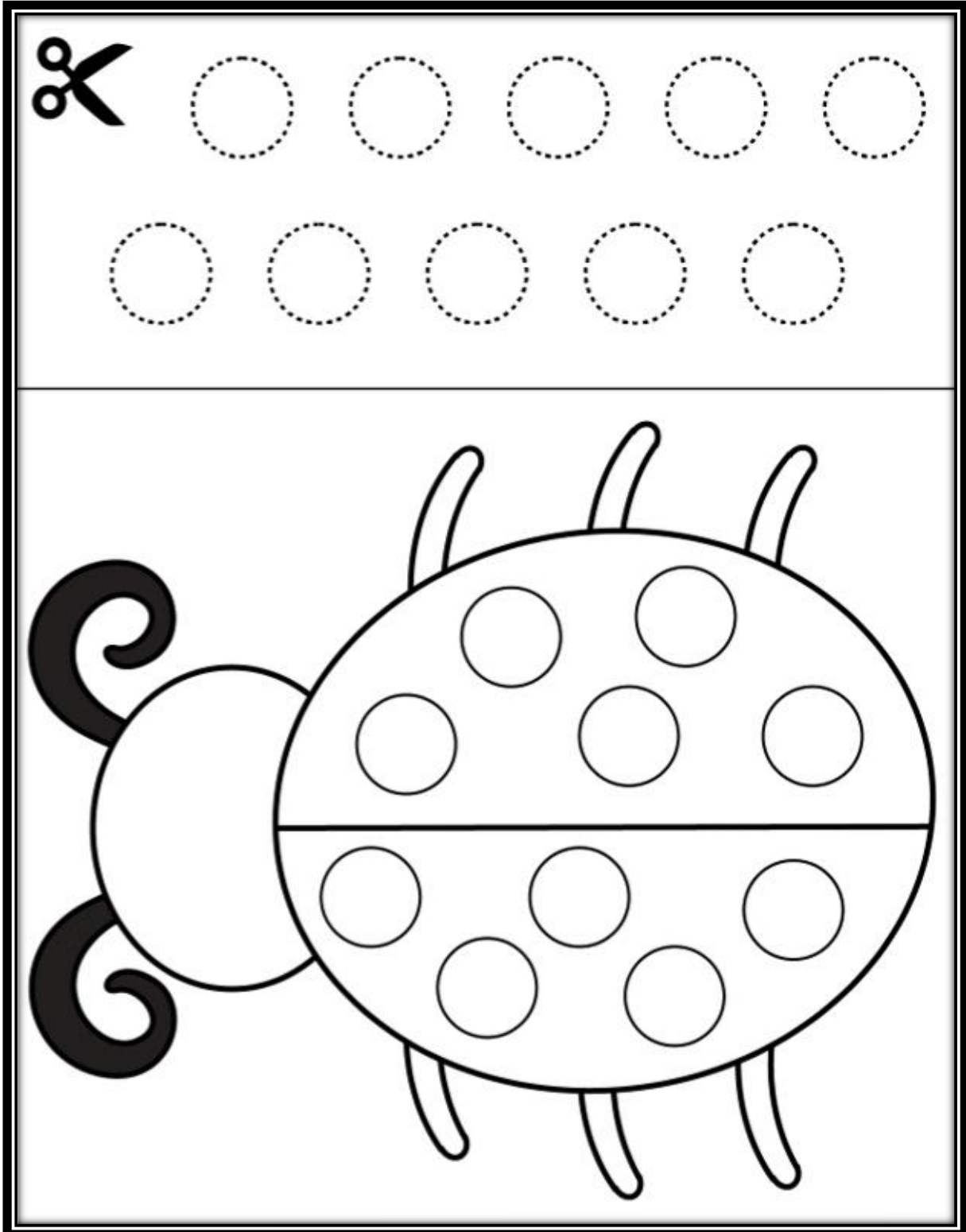
A recortar y pintar





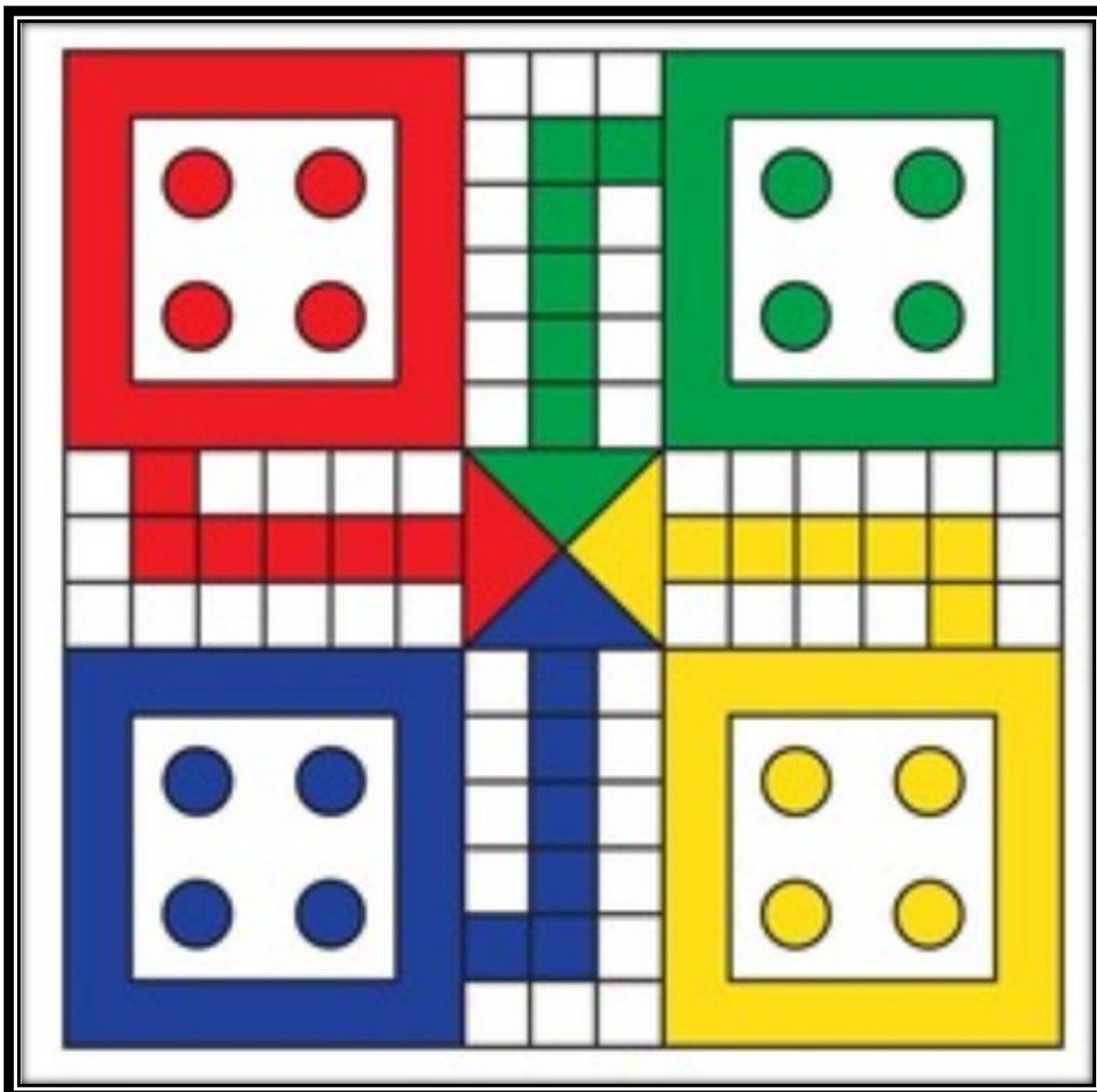


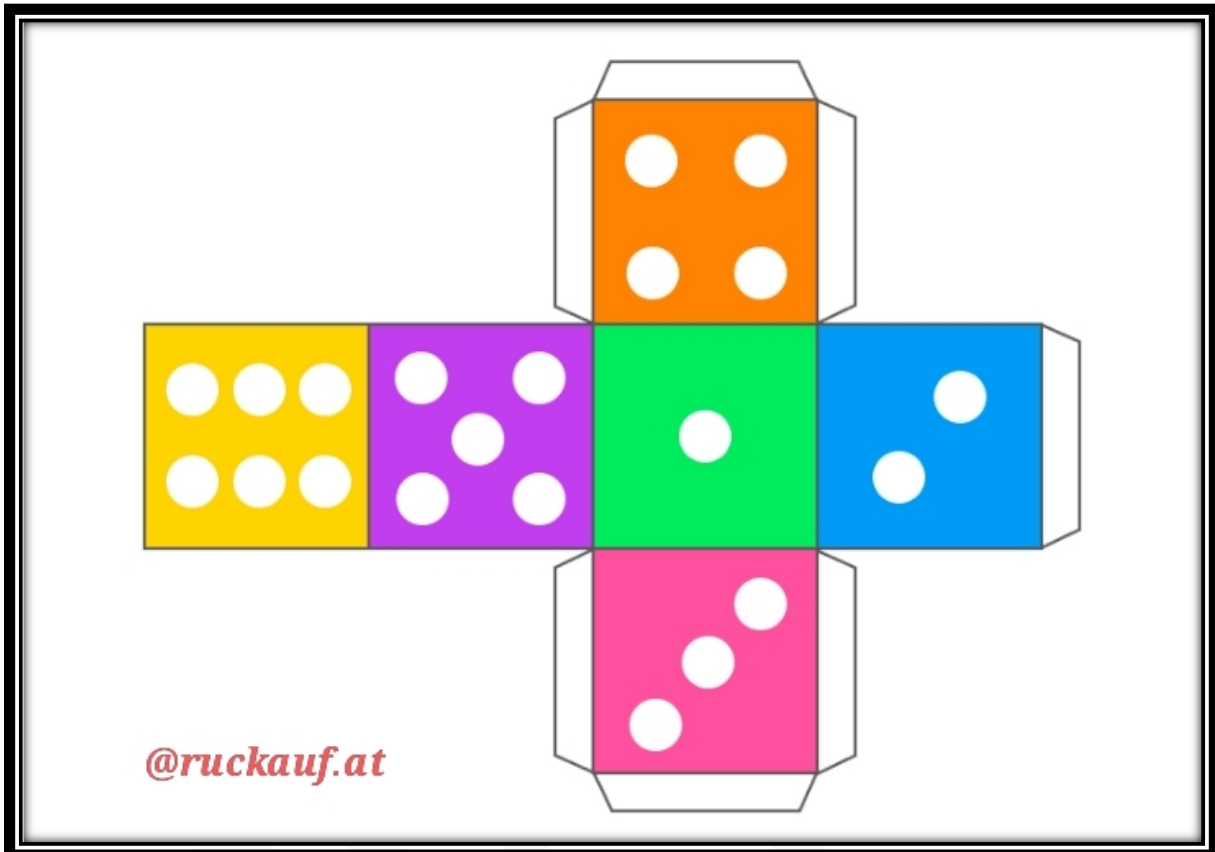




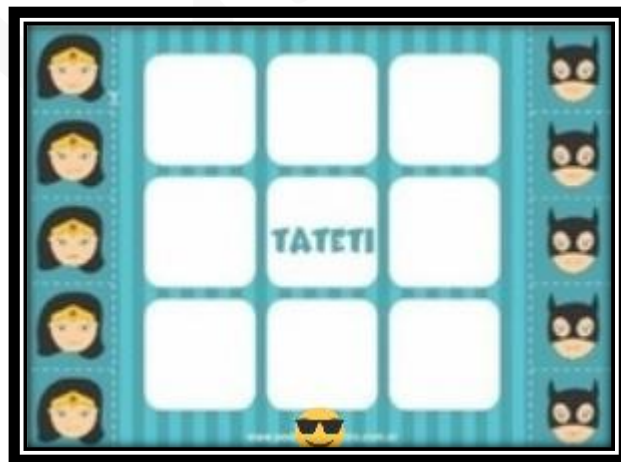
A jugar

Ludo



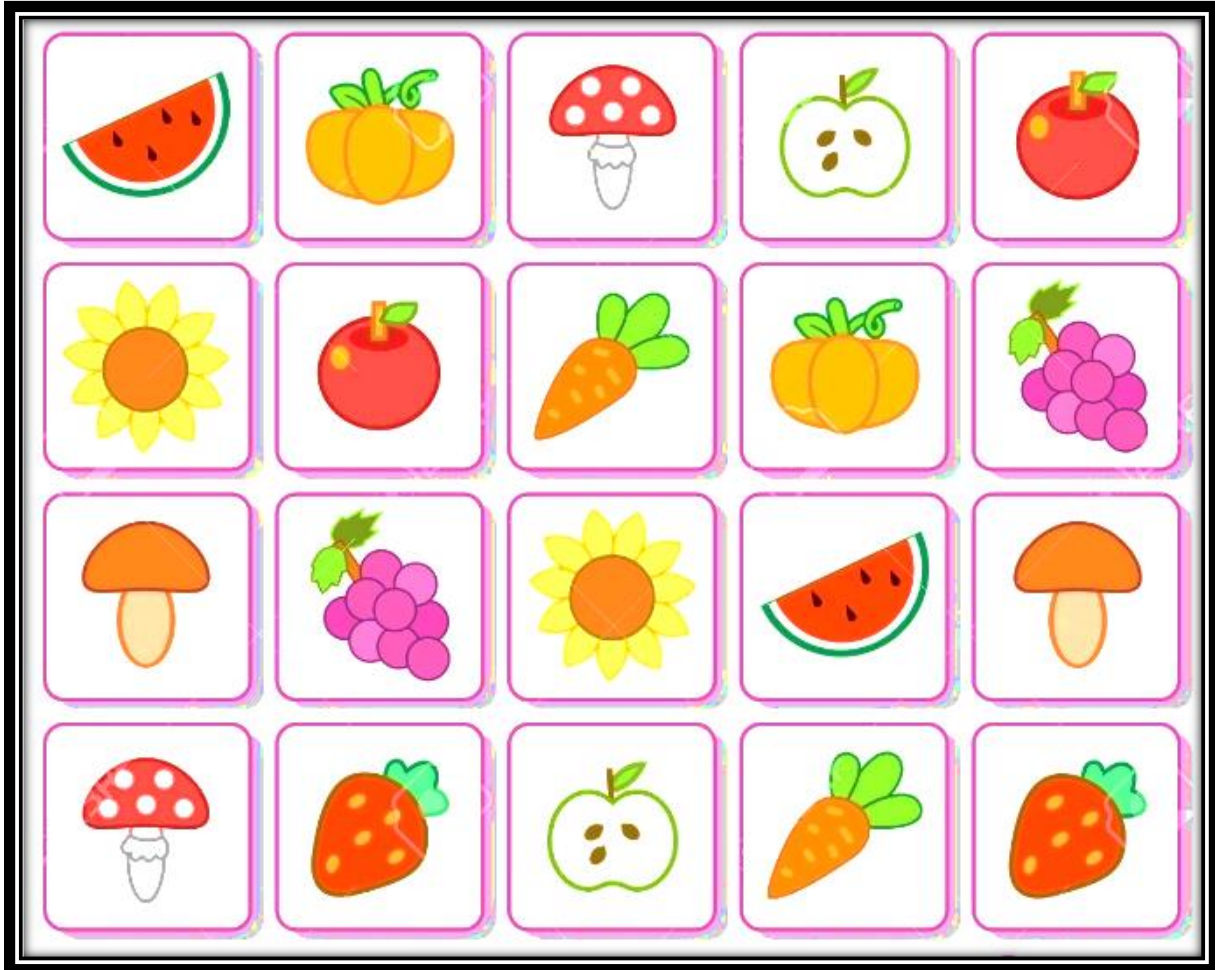


Ta Te Ti



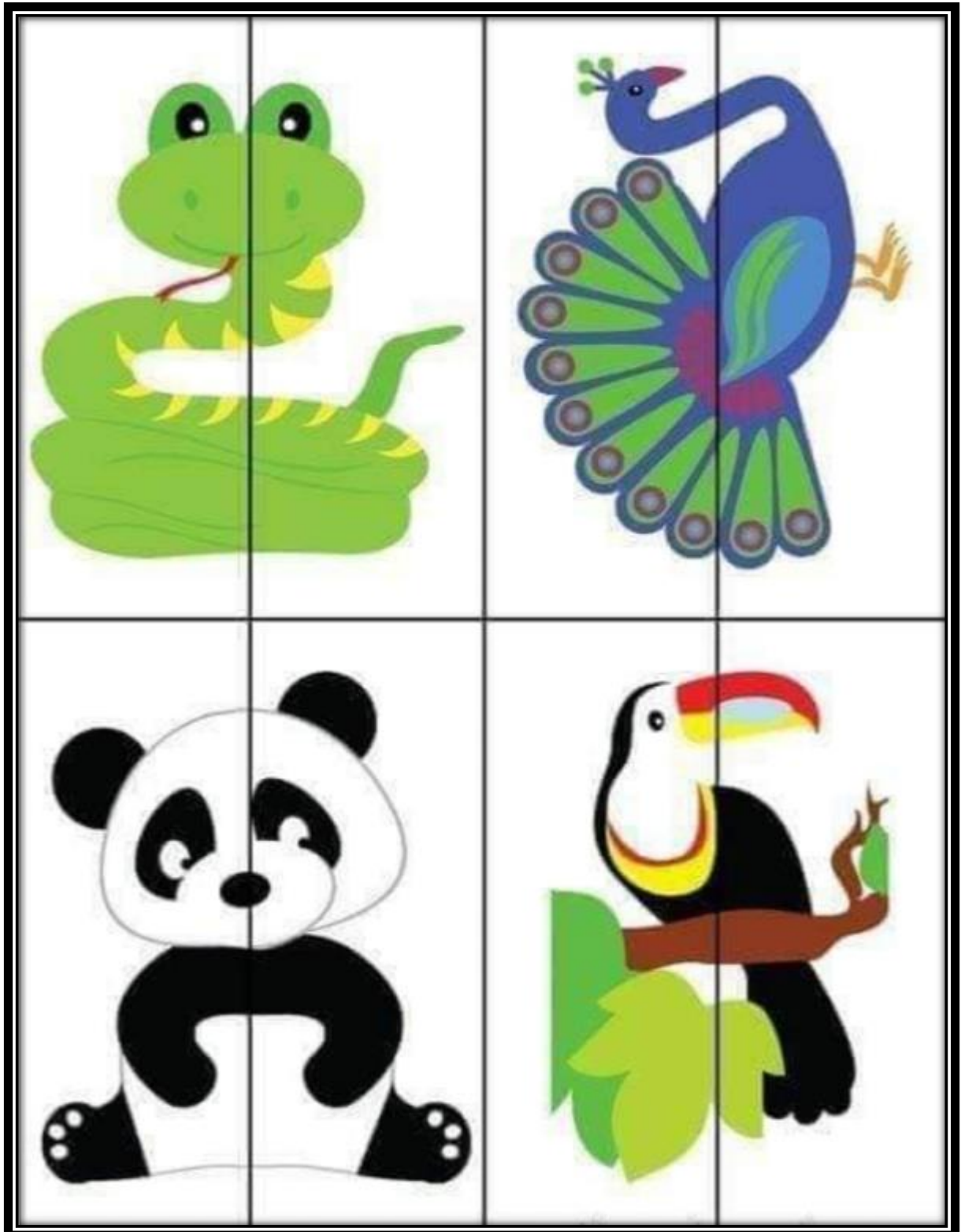
Juego de la memoria

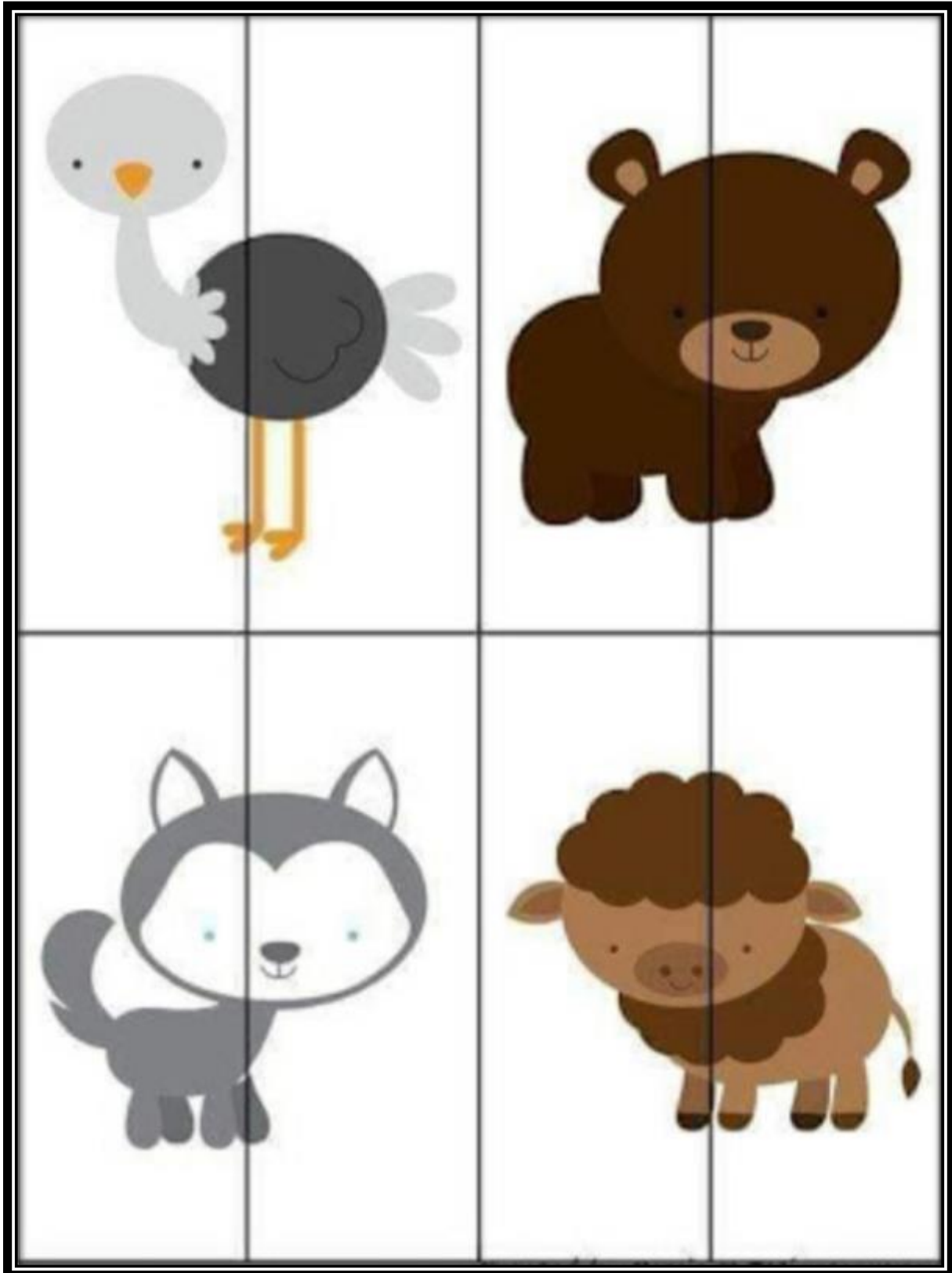






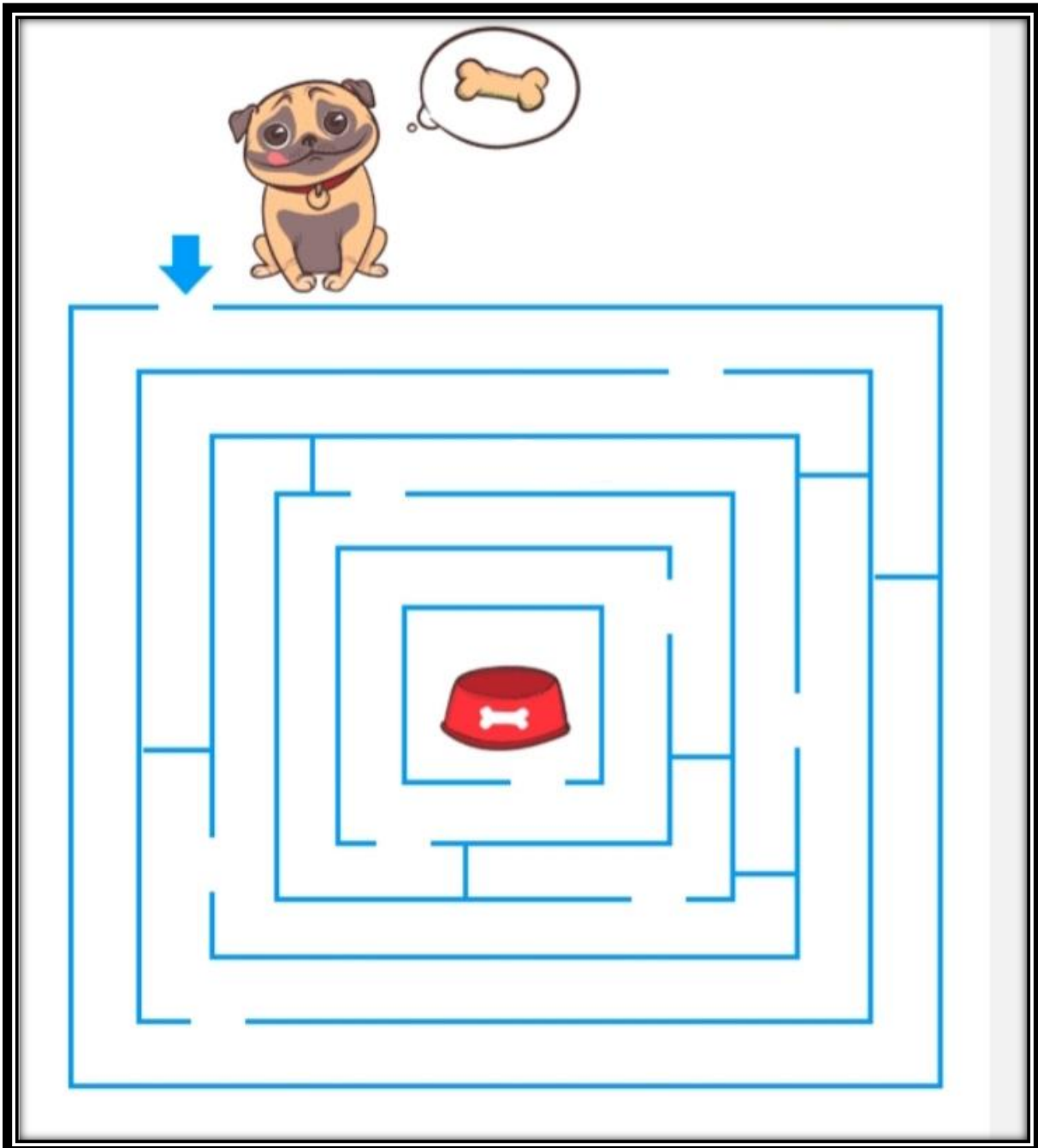
Rompecabezas

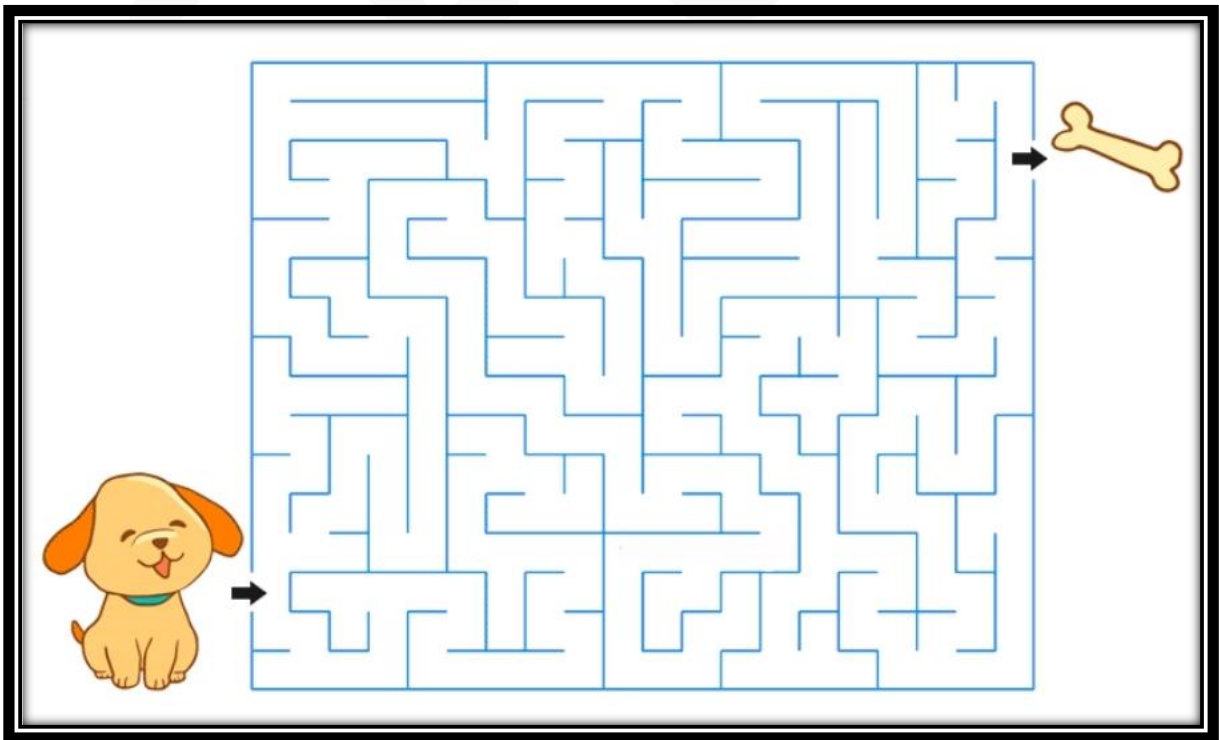
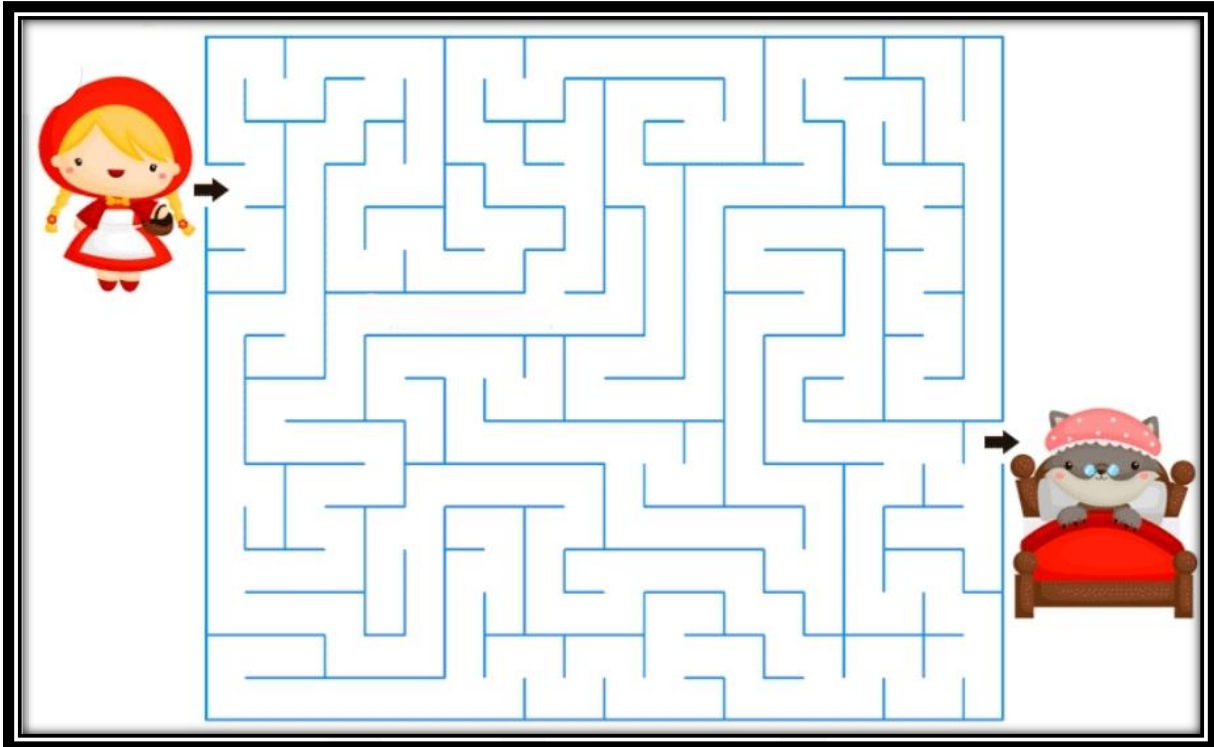






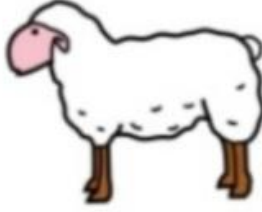

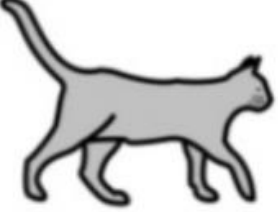

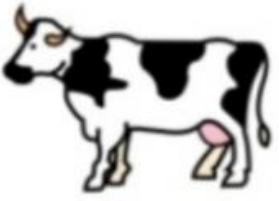
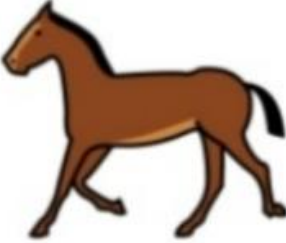
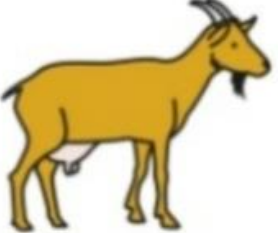

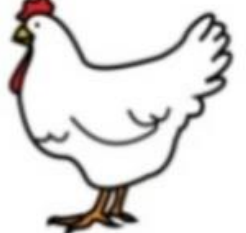




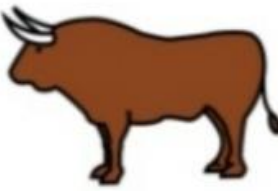


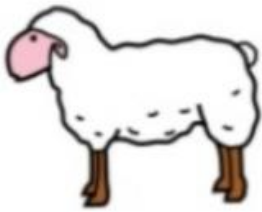

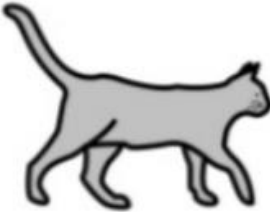

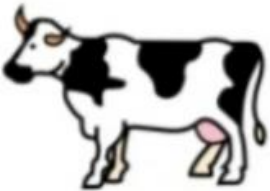
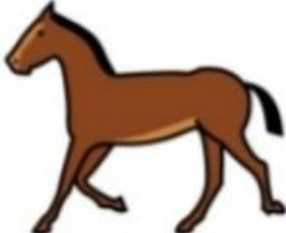
Laberintos




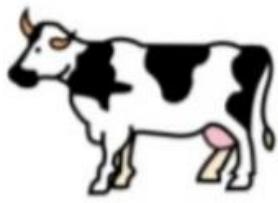
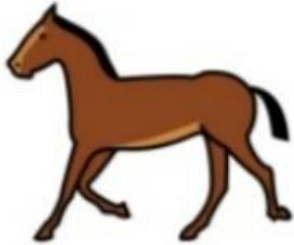
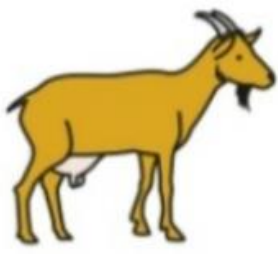

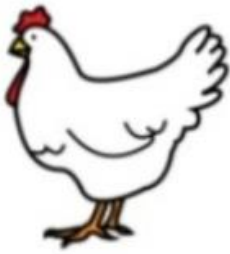


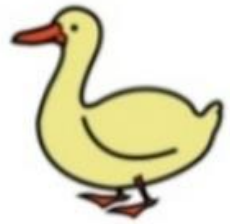




Bingo

 ANIMALES 		
 OVEJA	 GALLO	 GATO
 PERRO	 VACA	 CABALLO
 CABRA	 CONEJO	 GALLINA

			ANIMALES					
			TORO	BURRO	PAVO			
			OVEJA	GALLO	GATO			
			PERRO	VACA	CABALLO			

 ANIMALES 		
 <p>PERRO</p>	 <p>VACA</p>	 <p>CABALLO</p>
 <p>CABRA</p>	 <p>CONEJO</p>	 <p>GALLINA</p>
 <p>POLLITO</p>	 <p>CERDO</p>	 <p>PATO</p>

Nadia Rückauf
Autora

Prof. Daniel González
Prólogo y compilación

ESTIMULACIÓN TEMPRANA

Cuadernillo de Actividades III

OTROS TÍTULOS DISPONIBLES DE LA COLECCIÓN

CUADERNILLOS PARA ACOMPAÑAR

Estimulación Emocional

Estimulación Cognitiva

Ansiedad y Depresión

Adultos Mayores



@centropsicosocialargentino



11 4970-5299



Centro Psicosocial Argentino Cpsa



Centro
PsicoSocial
Argentino

Esta es una Edición especial del Centro PsicoSocial Argentino